



Navigator's Log



**Potomac Assembly # 2204
Comprised of Knights of Columbus Councils
459 Fitzgerald
5998 Mount Vernon, and
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,
Good Shepherd, and Fort Belvoir Catholic Parishes**

April 2020



Saint Patrick's Parade in Old Town Alexandria City, see page 7.

And the Silver Rose (see page 8)

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Potomac Assembly Directory

Navigator

SK PGK Robert T. Reynolds, reynoldsrt@cox.net,
703 799- 2607

Friar

SK Father Ramon Baez, r.baez@gs-cc.org, 703 780-4055

Captain

SK PGK Larry Clark, hlclark63@gmail.com, 202 494-4761

Admiral

SK PFN PGK Ed Stance, stanceed@aol.com, 703 313-8136

Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

Pilot

SK Richard Dunbar, richdunbar1947@gmail.com, 703 580-9720

Scribe

SK PGK Joe Castillo, jc305@evansville.edu, 219 880-6889

Purser

SK PFN PGK Tom Fahey, t_fahey@taxpro.net, 571 233-9048

Inner Sentinel

SK Maurice Chau, mrcchau2@yahoo.com, 703 220-6185

Outer Sentinel

SK DD PGK William Beach, wwbeach4214@gmail.com,
571 527-7772

Color Corps Commander

SK PFN 2PGK Fred Beata, fbeata@verizon.net, 571 249-0955

Trustee 1 Year

SK PFN PGK Nate Murray, nmurraysr@aol.com, 703 863-5202

Trustee 2 Year

SK PFN 2PGK Fred Beata, fbeata@verizon.net, 571 249-0955

Trustee 3 Year

SK PFN 2PGK Buck Coates, buck.coates@comcast.net,
703 751-8362

Fourth Degree Website

assembly2204.org

SK GK Steve Teslik, steslik@e2steve.com

Navigator's Log Editor, SK Maurice Chau, mrcchau2@yahoo.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert, SK PFN 2PGK Buck Coates.

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UPCOMING EVENTS

(All Events are cancelled, meetings have transitioned to a Virtual setting consistent with the Virginia Governor's stay-at-home order through June 10, 2020)

MONTH/

DAY OF WEEK

DATE EVENT

APRIL 2020

SATURDAY	4	PATRIOTIC ROSARY AT 11:00 AM AT VIRTUAL VIA ZOOM
SATURDAY	18	FOURTH DEGREE, VIRGINIA BEACH, VIRGINIA
MONDAY	27	BUSINESS MEETING AT 7:30PM, OFFICERS 7:00 PM (VIRTUAL, TBA IN AN E-MAIL)

MAY 2020

SATURDAY	2	PATRIOTIC ROSARY AT 11:00 AM AT VIRTUAL VIA ZOOM
SATURDAY	2	KNIGHTS OF COLUMBUS VIRGINIA STATE CONVENTION, 8:30AM (WORKING TO CHANGE TO A VIRTUAL SETTING)
MONDAY	18	BUSINESS MEETING AT 7:30PM, OFFICERS 7:00 PM (VIRTUAL, TBA IN AN E-MAIL)

JUNE 2020

SATURDAY	6	PATRIOTIC ROSARY AT 11:00 AM AT VIRTUAL VIA ZOOM
MONDAY	22	BUSINESS MEETING AT 7:30PM, OFFICERS 7:00 PM

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

On behalf of Potomac Assembly # 2204

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Friar for the Assembly - Father Ramon Baez

Dear Brother Knights:

It is impossible to put into simple words my prayers for all of you. I will let 2 great Saints guide you. Think about praying one of these prayers during Spiritual Holy Communion:

St Pio of Pietrelchina -

Stay with me, Lord, for it is necessary to have you present so that I do not forget you. You know how easily I abandon you.

Stay with me, Lord, because I am weak, and I need your strength, so that I may not fall so often.

Stay with me, Lord, for you are my life, and without you, I am without fervor.

Stay with me, Lord, for you are my light, and without you, I am in darkness.

Stay with me, Lord, to show me your will.

Stay with me, Lord, so that I hear your voice and follow you.

Stay with me, Lord, for I desire to love you very much, and always be in your company.

Stay with me, Lord, if you wish me to be faithful to you.

Stay with me, Lord, for as poor as my soul is, I want it to be a place of consolation for you, a nest of love. Amen.

St. Theresa of Avila -

Let nothing disturb you,

Let nothing frighten you,

All things are passing away:

God never changes.

Patience obtains all things

Whoever has God lacks nothing;

God alone suffices.

Christ is Risen! Risen Indeed! Never lose Hope! He has not abandoned us.

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Faithful Navigator's Comments—Robert T. Reynolds

Brother Sir Knights,

Vivat Jesus!

Last month in this message I felt sure that by now we would be in the home stretch of our self-imposed solitude and anticipated a return to normalcy. Now, our solitude has become less voluntary, and a new term has been added to our vocabulary, Social Distancing. I'm sure you're all aware that the light at the end of the tunnel has grown somewhat smaller as the end has been extended, perhaps as late as June. In addition to the obvious impacts on our individual lives, we will have to rethink the ways we conduct Assembly business until our circumstances change.

The Knights of Columbus have launched a new program in response to the limitations imposed by social distancing called "Leave No Neighbor Behind". It is being implemented primarily at the Council level, but many aspects of the program apply to the Assembly. Some of our Sir Knights, may find themselves cut off and isolated, especially those without family in the area or connections to community support systems. If you know or learn of a Brother who is alone please help me to identify him. Call Brothers who are isolated in assisted living facilities. And help shop for those unable to leave their house when you do your own shopping. These same concerns and actions should apply to all of our neighbors, but especially to our Brothers. Also, now more than ever, many in our local community are unable to provide adequate food for their families. Knights can donate to, and assist with, distribution at local food pantries and food banks so no one in their community goes to bed hungry at night.

Now for some Assembly news.

- Two weeks ago, the State held its Biennial Meeting, but with a change in location from Palmyra, VA to our homes. The meeting was held online using a video application called WebEx. Myself and our other two delegates, SKs Fred Beata and Ed Stance, along with our Comptroller SK Kevin Palgutt, "attended" from the Assembly Hall, maintaining a sociable distance. SKs from 77 locations joined the meeting, both audio and 2-way video. Despite the sometimes-amusing issues with the new medium (we watched one unwitting SK puttering in his garage during the meeting) the Master was able to conduct the full meeting agenda, including the passage of resolutions to be forwarded to our Province. I will disseminate the minutes of the meeting and the resolutions in a special email.

- The 4th Degree Exemplification originally scheduled for 18 April has been cancelled.

- Sadly, I regret to inform those who are not aware that our Brother SK Stephen (Steve) J Niezgoda Sr passed away on March 28th. Steve was a member of St Louis Parish and served as an officer in several capacities. Funeral arrangements will necessarily be private. Please pray for the repose of his soul, and for the Niezgoda Family during this time of mourning and great sorrow.

- And finally, this piece of good news: I am unaware of any of our Sir Knights who have been identified as having been infected by COVID-19. Let's all pray that we and our families remain healthy.

We have been encouraged by Supreme to conduct the business of the Assembly virtually so that the very necessary events related to Election of Officers and other business be accomplished on schedule. Accordingly, we will have our 27 April meeting as scheduled in a virtual format. We'll decide on the conferencing tool and get the word out weeks before the meeting, and the Assembly Officers will practice some in advance in order to ensure that we can make this a productive meeting. More to follow.

Finally, if any of you find yourself in need of help, remember that charity, unity, fraternity and patriotism bind us all together. Reach out to a Brother SK. My number is below.

Faternally,

Bob Reynolds
Faithful Navigator
Potomac Assembly 2204
Cell: 703-439-7490

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Saint Patrick's Parade, March 7th Old Town Alexandria



Left picture (left to right): PFN SK Fred Beata, SK Emmet O'Hare, SK John Rossomando, and PFN SK Ed Stance.



Right pictured (l to r): SK Joseph McCracken, and SK Steve Higgins.



We had three Honor Guards from 2204, two wearing dark suits, SK Steve Higgins on bagpipes, SK Jim Batchelder, and another SK at the Saint Patrick's Parade. During the Saint Patrick's Parade, there was also an Honor Guard function at the Knights of Columbus March State meeting in Charlottesville, Virginia with support from various Assemblies including 2204 (SK Maurice Chau). At the parade, it was a cooler day and since our Assembly met at the Lycium, there was not opportunity for pictures outside. These three pictures are courtesy of SK Grand Knight Steve Teslik. Thank you Grand Knight!



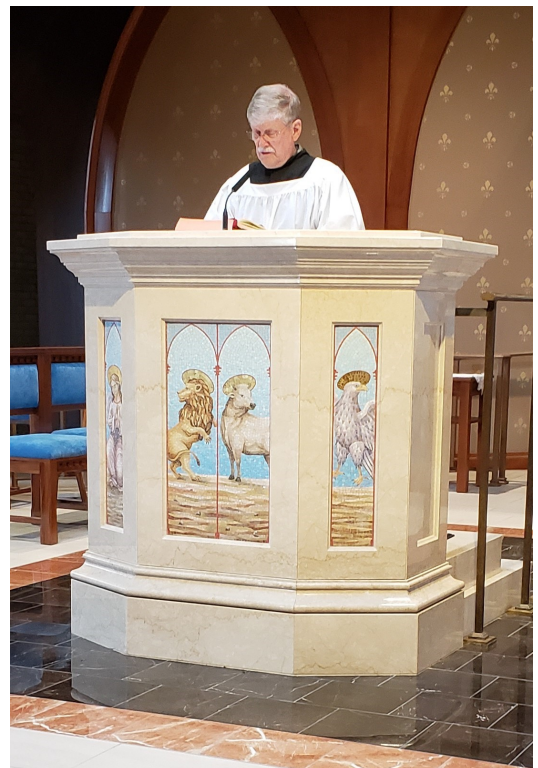
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Silver Rose



The Silver Rose arrived at the Mount Vernon Council and was on display at Saint Louis Catholic Church (as shown in these four pictures) (Top left picture is of SK PFN Nate Murray, and SK Maurice Chau, and bottom right is of SK PFN Jim McCracken). Then the Silver Rose was displayed at Good Shepherd Catholic Church. The Silver Rose was transferred on March 7th to the third quarter State meeting where it was transferred to the Woodbridge Council. Pictures are from SK Steve Piscitelli.



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Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

Pam Rubin, wife of SK PGK Larry Clark

SK Jim Clark

Antonio Bennet

SK Ray Duff

SK Freddie Flowers

SK Dutch Anderson

SK Reyes Guerra

SK Jeff Petrino

SK Fred Scheuren

SK Tom Fahey

Lord Jesus, who went about doing good and healing all, we

Prayer for the Sick

ask you to bless our brother Knights

and their relatives who are sick. Give them the strength in
body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian
community, they may joyfully praise your name, for you live
and reign for ever and ever. Amen

**Happy
Birthday!**

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Birthdays for April 2020

Arthur W. Friedberg	April 1
Albertus Hugo Van Den Bogaard	April 1
Carlos A. Carreras	April 2
Padro A. Del Aguila	April 4
Robert K. Reynolds	April 4
Karl Tamai	April 7
Michael J. Mixon	April 12
Nathan E. Murray	April 13
REV Jesus Navarrete	April 16
Herbert Ray Duff	April 20
Joseph R. McCracken	April 25
James B. McCracken	April 28
Kevin Garrison	April 30
Kevin J. Williams	April 30

On behalf of Potomac Assembly # 2204, to those who were born in the Month of April.

May Your Birthday be Blessed

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EVENTS AROUND THE COUNCIL TABLE

(All Events are cancelled, meetings have transitioned to a Virtual setting consistent with the Virginia Governor stay-at-home order June 10, 2020)

459—Fitzgerald Council:

April

1—Officers Meeting Father Rankin House 7 pm
3—Nocturnal Adoration 9 pm-6 am
4—Rosary at Abortion Clinic 9 am
8—Council Meeting 7:30, Rosary 7pm
27—Potomac Assembly—4th Degree Meeting 7:30 pm

May

1—Nocturnal Adoration 9 pm-6 am
2—Rosary at Abortion Clinic 9 am
4—Officers Meeting Father Rankin House 7 pm
13—Council Meeting 7:30, Rosary 7pm
25—Potomac Assembly—4th Degree Meeting 7:30 pm

5998—Mount Vernon Council - (Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4) -SUSPENDED

April

2—Officers 7:30 (Virtual), Business Mtg (Cancelled)
~~3—Last Lenten Fish Fry—~~
4—Patriotic Rosary 11:00am (Virtual)
12—Good Shepherd Easter Parking—
16—Pot Luck Social and Wine Tasting 6pm—
19—Good Shepherd Pancake Breakfast 7am (setup)—
28—District Deputy Meeting 6:15pm (TBD)

May

2—Kof C Virginia State Convention 8:30am (Cancelled)
2—Patriotic Rosary 11:00am (Virtual)
7—Officers 6:30, Rosary 7:30 Business Mtg 8pm (TBD)
10—St. Louis Pancake Breakfast 8am (setup)
10—Mother's Day Flowers at Good Shepherd 8am
16—KOVAR Dinner and Silent Auction 6pm
17—Good Shepherd Pancake Breakfast 7am (setup)
24—Baby Shower 2-4pm (TBD)

11170—Fort Belvoir Council:

April

3—Stations of the Cross & Soup Supper 6pm
3-5 KOVAR Collections
9—Business Meeting 7:30pm (Rosary for Life 7pm)
23—Officers' Meeting
24—Clergy Appreciation Dinner
27—Potomac Assembly—4th Degree Meeting 7:30pm

May

14—Business Meeting 7:30pm (Rosary for Life 7pm)
25—Potomac Assembly—4th Degree Meeting 7:30pm
28—Officers' Meeting

Potomac Assembly #2204
8592 Richmond Hwy
Alexandria, VA 22309

Address Correction Requested