



Navigator's Log



Potomac Assembly # 2204
Comprised of Knights of Columbus Councils
459 Fitzgerald
5998 Mount Vernon, and
11170 Fort Belvoir

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,
Good Shepherd, and Fort Belvoir Catholic Parishes**

January 2020



Simbang Gabi Philippine Christmas Mass, see page 7.

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Potomac Assembly Directory

Navigator

SK PGK Robert T. Reynolds, reynoldsrt@cox.net,
703 799- 2607

Trustee 1 Year

SK PFN PGK Nate Murray, nmurraysr@aol.com, 703 863-5202

Friar

SK Father Ramon Baez, r.baez@gs-cc.org, 703 780-4055

Trustee 2 Year

SK PFN 2PGK Fred Beata, fbeata@verizon.net, 571 249-0955

Captain

SK PGK Larry Clark, hlclark63@gmail.com, 202 494-4761

Trustee 3 Year

SK PFN 2PGK Buck Coates, buck.coates@comcast.net,
703 751-8362

Admiral

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Inner Sentinel

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Outer Sentinel

SK DD PGK William Beach, wwbeach4214@gmail.com,
571 527-7772

Fourth Degree Website

<https://stmaryoldtown.org/apostolate/potomac-assembly-2204/>
SK GK Steve Teslik, steslik@e2steve.com

Color Corps Commander

SK PFN 2PGK Fred Beata, fbeata@verizon.net, 571 249-0955

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UPCOMING EVENTS

<u>DAY OF WEEK</u>	<u>DATE</u>	<u>EVENT</u>
<u>JANUARY 2020</u>		
SATURDAY	4	PATRIOTIC ROSARY AT 11:00 AM AT COUNCIL 5998
MONDAY	27	BUSINESS MEETING AT 7:30PM, OFFICERS 7:00 PM
<u>FEBRUARY 2020</u>		
SATURDAY	1	PATRIOTIC ROSARY AT 11:00 AM AT COUNCIL 5998
MONDAY	17	GEORGE WASHINGTON'S PARADE OLD TOWN ALEXANDRIA, HONOR GUARD
MONDAY	24	BUSINESS MEETING AT 7:30PM, OFFICERS 7:00 PM
<u>MARCH 2019</u>		
SATURDAY	7	PATRIOTIC ROSARY AT 11:00 AM AT COUNCIL 5998
SATURDAY	7	SAINT PATRICK'S PARADE OLD TOWN ALEXANDRIA, HONOR GUARD
MONDAY	23	BUSINESS MEETING AT 7:30PM, OFFICERS 7:00 PM

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

On behalf of Potomac Assembly # 2204

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Friar for the Assembly - Father Ramon Baez

Dear Brother Knights:

During my four years at the Naval Academy, we euphemistically referred to the time after Christmas during the winter months as "The Dark Ages." For the Midshipman, or "middies" this was the longest stretch of mental and moral hardship we had to endure. The lack of daylight during these months seemed to make everything more challenging for us. There were the endless Seamanship and Navigation Competence Exams, as well as the inner challenges of the mind to endure the never ending academic requirements. But, somehow, we traivailed and persevered to welcome the spring season and eventually the end of another year. It was this enduring trial which prepared us for the times in which we would serve our country during numerous missions.

Sometimes, life can appear to be like an endless set of Dark Ages, with only a few breaks in between. We have just celebrated the season of Christmas. For many, Christmas means family, food and feast. It is hard to compete against such joyful times. But there is something else that is often overlooked during these privileged seasons: faith.

As a people of the cross, we follow a different set of criteria than most other people of the world (at least we are supposed to). Our belief is that life is a gift and that no matter how challenging things become, we need to always maintain a steadfast knowledge that God is in the midst of all of our trials and challenges and that they are part of our journey. Faith is belief in things unseen. But that faith is the most certain belief, because it is based on God, who is eternal and immutable. This faith is what we ask for from Our Heavenly Father in order to move from darkness to light.

On January 24, 2020, we will march right up to the Supreme Court once again to pray for all of those affected by the Roe v. Wade decision. As a people of the culture of life, we endeavor to live in the midst of a world that has placed choice above all other goods, including the freedom to live. Now matter how much darkness appears around us, the light of day always follows the darkness. So, we persevere until the light dawns upon us, knowing that the will to fight for life is our highest calling, our clarion call, our message to move forward.

As Moses led the people of Israel into the desert to have an encounter with the Living God, we move forward in the midst of darkness, carrying our spiritual torches in order to bring light to a world becoming enveloped by the corrupt and the end of hope. It is in that desert where we are tried, but we know that God the Almighty is fighting with us and FOR us. Take heart, Christ has overcome the darkness.

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Faithful Navigator's Comments—Robert T. Reynolds

Brother Sir Knights,

Vivat Jesus!

We've just passed the season of Thanksgiving and, in the midst of the turmoil our country is experiencing, it's easy for us to lose sight of all the things that are good about our country and our lives. I would be remiss if I didn't spend a few moments on a couple of the things that we all have to be thankful for. We still enjoy the most liberty of any country on earth—God has blessed America. We have our families. And for those of us who have outlived our families, we have our Brother Knights. We are a family, a big one but family nonetheless. I travelled to Charleston over Thanksgiving to be with a part of my family, including my granddaughters. I was reminded how important family is, and I thought of my fellow Knights and how they too are part of my family.

Along the thought line above, I wonder if our membership would appreciate having a Directory of the Assembly? If we are to be family and help to one another, it would be good to have a way to reach out beyond more than our closest few friends. Nothing fancy, just name/address/phone/email. For security it would have to be picked up or delivered, or perhaps emailed as an encrypted file. If there's interest, that detail would be easy to sort out. I'd appreciate your opinions.

Thanks to all the Brothers who came out for our Social in October. The object of that event was to provide a quality, no cost event in a relaxed atmosphere where we could enjoy a good meal and each other's company. It was all that and more. We'll do it again in a few months.

Council 5998 has proposed that we make our postponed visit to the Basilica of The National Shrine of The Immaculate Conception a joint visit with their council. This strikes me as a way for us to take a leadership role and extend the invitation to all of our feeder councils. If there are no objections at the next meeting, I plan to propose such a joint visit in February.

Update on the new web page. We had a delay in launching the Assembly2204.org domain name and hosting service. We think the problem is solved and our webmaster, SK Steve Teslik is setting up. Stay tuned!

As a reminder, you can send a check for unpaid dues (\$30/yr) to our Comptroller, SK Kevin Palgutt, 17405 Four Seasons Drive, Dumfries, VA 22025-1872. Alternatively, you can click on the Pay Annual Dues link on the website (up soon) and you'll be directed to a PayPal method online. Quick and convenient!

As we enter the season of Advent, we should all take a little time every day or two to reflect on what Christmas is all about. It's easy to get caught up in the commercials and gift shopping and forget about the greatest gift we've ever received, the gift of Christ on earth. This Christmas, let's all try to keep that in mind in our celebration of the holiday and season, and maybe pass that gift along in the conduct of our daily lives as we interact with others.

Our next regular meeting will be on Wednesday, 18 December at the Assembly Hall—we moved it at the last meeting in order to avoid conflicts with Christmas activities. There will be an Officers meeting at 7:00 pm, followed by the regular meeting at 7:30 pm. Snacks and refreshments will be available in the Lounge after the meeting, along with whatever sport is playing that night. I encourage you all to attend and get acquainted—or reacquainted—with your Patriotic Brothers.

Fraternally, Bob Reynolds, Faithful Navigator, Potomac Assembly 2204, Cell: 703-439-7490

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Simbang Gabi December 22nd— Traditional Philippine Christmas Mass



Pictured left to right are SK Steve Piscitelli, SK Maurice Chau, Maria Escoto, SK PFN Nate Murray, Father Andrew Haissig, SK PFN Fred Beata, SK PFN Ed Stance, and SK PFN Jim McCracken.



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January 2020 Patriotic Rosary

There were a good number of attendees for the Patriotic Rosary on January 4th, and I was told it looked like a Fourth Degree event.



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Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

Pam Rubin, wife of SK PGK Larry Clark

SK Jim Clark

Antonio Bennet

SK Ray Duff

SK Freddie Flowers

SK Dutch Anderson

SK Fritz Scheuren

SK Reyes Guerra

SK Jeff Petrino

SK Fred Scheuren

Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we
ask you to bless our brother Knights

and their relatives who are sick. Give them the strength in
body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian
community, they may joyfully praise your name, for you live
and reign for ever and ever. Amen

**Happy
Birthday!**

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Birthdays for January 2020

Alex Yadao	January 1
Jeffrey P. Petino	January 2
Clifford C. Gates	January 3
Ernest E. Graves	January 6
Bruce G. Mersereau	January 7
Richard W. Fecher	January 10
Wilson A. Del Aguila	January 11
Stephen D. Piscitelli	January 11
Steve F. Teslik	January 15
Martin F. Fadden	January 17
James M. Batchelder	January 19
John N. Lawless	January 19
Christopher J. McCormack	January 22
Paul R. Kayanan	January 25
Kevin J. Palgutt	January 25
Pablo Ruiz Rodriguez	January 25
James R. Harris	January 26
Joseph F. Guzowski	January 27
James M. Visbeck	January 27
Christopher J. O'Connor	January 29

On behalf of Potomac Assembly # 2204, to those who were born in the Month of January.

May Your Birthday be Blessed

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EVENTS AROUND THE COUNCIL TABLE

459—Fitzgerald Council:

January

- 1—Officers Meeting Father Rankin House 7 pm
- 3—Nocturnal Adoration 9 pm-6 am
- 4—Rosary at Abortion Clinic 9 am
- 8—Council Meeting 7:30, Rosary 7pm
- 27—Potomac Assembly—4th Degree Meeting 7:30 pm

February

5998—Mount Vernon Council: (Bingo every Friday (except Good Friday), and first Sunday of the month)

January

- 2—Officers 6:30, Rosary 7:30 Business Meeting 8pm
- 11—Virginia State Meeting 8am
- 12—St. Louis Pancake Breakfast 8am (setup)
- 13—Basketball Free Throw Contest TBD
- 16—Social (Pro-Life Speaker) 6pm
- 19—Good Shepherd Pancake Breakfast 7am (setup)
- 20—MLK Jr. Day—Youth Dodgeball/Free Throw @ SL
- 24—March for Life in Washington, DC, 8am at Good Shepherd
- 25—Visit to John Paul II Shrine TBD

February

11170—Fort Belvoir Council:

January

- 9—Business Mtg Belvoir Chapel 7:30 pm (Rosary 7 pm)
- 23—Officers' Meeting and First Degree 7:30pm
- 24—March for Life
- 27—Potomac Assembly—4th Degree Meeting 7:30pm

February

Potomac Assembly #2204
8592 Richmond Hwy
Alexandria, VA 22309

Address Correction Requested