



Navigator's Log



**Potomac Assembly # 2204
Comprised of Knights of Columbus Councils
459 Fitzgerald
5998 Mount Vernon, and
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,
Good Shepherd, and Fort Belvoir Catholic Parishes**

May 2020



Chalice Ceremony from **March 9, 2019** at Good Shepherd, see page 7.

This picture was taken when the old regalia was allowed (center three Sir Knights), and is no longer used. The two outer Sir Knights are wearing the new regalia.

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Proposed Slate of Officers for the next Fraternal Year

Faithful Navigator	SK PGK H. Lawrence Clark
Friar	SK Father Ramon Baez
Captain	SK Richard Dunbar
Admiral	SK PFN PGK Robert T. Reynolds
Comptroller	SK FDD 2PGK Kevin Palgutt
Pilot	SK PGK Joseph Castillo
Scribe	SK PGK Joseph Graf
Purser	SK PFN 2PGK Fred Beata
Inside Sentinel	SK Maurice Chau
Outside Sentinel	SK DD PGK William Beach
Color Corps Commander	TBD
Trustee 3 Year	SK PFN PGK Ed Stance
Trustee 2 Year	SK PFN 2PGK Buck Coates
Trustee 1 Year	SK PFN PGK Ray Duff
Fourth Degree Website	SK PGK Steve Teslik

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Potomac Assembly Directory

Navigator

SK PGK Robert T. Reynolds, reynoldsrt@cox.net,
703 799- 2607

Friar

SK Father Ramon Baez, r.baez@gs-cc.org, 703 780-4055

Captain

SK PGK Larry Clark, hlclark63@gmail.com, 202 494-4761

Admiral

SK PFN PGK Ed Stance, stanceed@aol.com, 703 313-8136

Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

Pilot

SK Richard Dunbar, richdunbar1947@gmail.com, 703 580-9720

Scribe

SK PGK Joe Castillo, jc305@evansville.edu, 219 880-6889

Purser

SK PFN PGK Tom Fahey, t_fahey@taxpro.net, 571 233-9048

Inner Sentinel

SK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185

Outer Sentinel

SK DD PGK William Beach, wwbeach4214@gmail.com,
571 527-7772

Color Corps Commander

SK PFN 2PGK Fred Beata, fbeata@verizon.net, 571 249-0955

Trustee 1 Year

SK PFN PGK Nate Murray, nmurraysr@aol.com, 703 863-5202

Trustee 2 Year

SK PFN 2PGK Fred Beata, fbeata@verizon.net, 571 249-0955

Trustee 3 Year

SK PFN 2PGK Buck Coates, buck.coates@comcast.net,
703 751-8362

Fourth Degree Website

assembly2204.org

SK GK Steve Teslik, steslik@e2steve.com

Navigator's Log Editor, SK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert, SK PFN 2PGK Buck Coates.

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UPCOMING EVENTS

(All Events are cancelled, meetings have transitioned to a Virtual setting consistent with the Virginia Governor's stay-at-home order through June 10, 2020)

MONTH/

DAY OF WEEK

DATE EVENT

MAY 2020

SATURDAY	2	PATRIOTIC ROSARY AT 11:00 AM AT VIRTUAL VIA ZOOM
SATURDAY	2	KNIGHTS OF COLUMBUS VIRGINIA STATE CONVENTION, 8:30AM (VIRTUAL SETTING FOR THE ELECTION OF STATE OFFICERS NEXT YEAR)
MONDAY	18	BUSINESS MEETING AT 7:30PM, OFFICERS 7:00 PM (VIRTUAL, TBA IN AN E-MAIL)

JUNE 2020

SATURDAY	6	PATRIOTIC ROSARY AT 11:00 AM AT VIRTUAL VIA ZOOM
MONDAY	22	BUSINESS MEETING AT 7:30PM, OFFICERS 7:00 PM

JULY 2020

SATURDAY	4	PATRIOTIC ROSARY AT 11:00 AM AT TBD
MONDAY	27	BUSINESS MEETING AT 7:30PM, OFFICERS 7:00 PM

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

On behalf of Potomac Assembly # 2204

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Friar for the Assembly - Father Ramon Baez

Dear Brother Knights:

On my desk are sitting two invitations to the Diaconate and Priesthood Ordinations of our diocese. Please God, five men will be ordained to the diaconate on May 30th, 2020 and five (!) men will be ordained to the priesthood on June 6, 2021. Of course, as of this writing we are not certain whether the other priests and the general public will be able to be physically present during the Ordination, since we are still in lockdown due to the Coronavirus.

When I was ordained, I was blessed to have many family members and friends present for the mass. It was a time of great joy for my family and I. These men will be ordained, for sure, but there may only be a handful of family members physically present, maybe just their parents!. It made me wonder about what might be going through the minds of these men. What is normally supposed to be a major event for our diocese will now be a closed-door, streamed-only event with few in physical attendance. Most of these men have been preparing for five or more years for this very special day in their lives. I have little doubt that, for years to come, these men will recall the peculiar circumstances that led them to experience such a bittersweet day for which they have been preparing.

On the other hand, there is also something to be said for the continuity of our lives and that of the church. So, while it is regrettable that the faithful are not able to be present currently during masses, masses are still being celebrated by most priests in the diocese, and the world. Couples are still getting married (although fewer of them). Confessions are still being heard in many churches. And men are still receiving the gift of sacramental ordination.

These men will join the ranks of the transitional diaconate as well as the priesthood to serve the people of God. God is still calling men to serve, even in the midst of the pandemic. They have been preparing for years for service. These men will bring the love of God into the lives of their parishioners.

For all of the uncertainty surrounding the events of our current lives, it is a joy to know that God never abandons us, and gives us His graces to go forward.

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Faithful Navigator's Comments—Robert T. Reynolds

Brother Sir Knights,

Vivat Jesus!

Last month in this message I felt sure that by now we would be in the home stretch of our self-imposed solitude and anticipated a return to normalcy. Now, our solitude has become less voluntary, and a new term has been added to our vocabulary, Social Distancing. I'm sure you're all aware that the light at the end of the tunnel has grown somewhat smaller as the end has been extended, perhaps as late as June. In addition to the obvious impacts on our individual lives, we will have to rethink the ways we conduct Assembly business until our circumstances change.

The Knights of Columbus have launched a new program in response to the limitations imposed by social distancing called "Leave No Neighbor Behind". It is being implemented primarily at the Council level, but many aspects of the program apply to the Assembly. Some of our Sir Knights, may find themselves cut off and isolated, especially those without family in the area or connections to community support systems. If you know or learn of a Brother who is alone please help me to identify him. Call Brothers who are isolated in assisted living facilities. And help shop for those unable to leave their house when you do your own shopping. These same concerns and actions should apply to all of our neighbors, but especially to our Brothers. Also, now more than ever, many in our local community are unable to provide adequate food for their families. Knights can donate to, and assist with, distribution at local food pantries and food banks so no one in their community goes to bed hungry at night.

Now for some Assembly news.

- Two weeks ago, the State held its Biennial Meeting, but with a change in location from Palmyra, VA to our homes. The meeting was held online using a video application called WebEx. Myself and our other two delegates, SKs Fred Beata and Ed Stance, along with our Comptroller SK Kevin Palgutt, "attended" from the Assembly Hall, maintaining a sociable distance. SKs from 77 locations joined the meeting, both audio and 2-way video. Despite the sometimes-amusing issues with the new medium (we watched one unwitting SK puttering in his garage during the meeting) the Master was able to conduct the full meeting agenda, including the passage of resolutions to be forwarded to our Province. I will disseminate the minutes of the meeting and the resolutions in a special email.

- The 4th Degree Exemplification originally scheduled for 18 April has been cancelled.

- Sadly, I regret to inform those who are not aware that our Brother SK Stephen (Steve) J Niezgoda Sr passed away on March 28th. Steve was a member of St Louis Parish and served as an officer in several capacities. Funeral arrangements will necessarily be private. Please pray for the repose of his soul, and for the Niezgoda Family during this time of mourning and great sorrow.

- And finally, this piece of good news: I am unaware of any of our Sir Knights who have been identified as having been infected by COVID-19. Let's all pray that we and our families remain healthy.

We have been encouraged by Supreme to conduct the business of the Assembly virtually so that the very necessary events related to Election of Officers and other business be accomplished on schedule. Accordingly, we will have our 27 April meeting as scheduled in a virtual format. We'll decide on the conferencing tool and get the word out weeks before the meeting, and the Assembly Officers will practice some in advance in order to ensure that we can make this a productive meeting. More to follow.

Finally, if any of you find yourself in need of help, remember that charity, unity, fraternity and patriotism bind us all together. Reach out to a Brother SK. My number is below.

Faternally,

Bob Reynolds
Faithful Navigator
Potomac Assembly 2204
Cell: 703-439-7490

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March 9, 2019 Chalice Ceremony at Good Shepherd

What a difference a year makes! Last year the newsletter was published every other month, and this year it is monthly! Thank you Faithful Navigator Robert T. Reynolds for making that big change! This is even more significant this year with the social distancing during the corona virus pandemic. Also, thank you Grand Knight Steve Teslik, (459 Grand Knight) for his suggestion of looking at last year's NavLOG for ideas for articles for this newsletter. Unfortunately, the May/June 2019 newsletter was never published. The main article would have been the Chalice Ceremony on March 9, 2019 at Good Shepherd Catholic Church and the pictures from that event and that is what will be presented here. Also, thanks go to Marty LaVor who took these pictures.



Above picture (left to right): PFN SK PGK Fred Beata, SK PGK Joe Castillo, SK Maurice Chau, PFN SK PGK Buck Coates, PFN SK PGK Nate Murray. Not in picture are FN SK PGK Robert T. Reynolds, PFN SK PGK Tom Fahey, PFN SK PGK FDD Jim McCracken, SK PGK Larry Clark, PFN SK PGK Ed Stance, and REV SK Ramon Baez.



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Chalice Ceremony (continued)



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Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

Pam Rubin, wife of SK PGK Larry Clark

SK Jim Clark

Antonio Bennet

SK Ray Duff

SK Freddie Flowers

SK Dutch Anderson

SK Reyes Guerra

SK Jeff Petrino

SK Fred Scheuren

SK Tom Fahey

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

Prayers for the Soul of Eunice Yellman

Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we
ask you to bless our brother Knights

and their relatives who are sick. Give them the strength in
body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian
community, they may joyfully praise your name, for you live
and reign for ever and ever. Amen

**Happy
Birthday!**

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Birthdays for May 2020

William F. Hixon	May 1
Chales O. Mensah	May 1
Lawrence J. Dietrick	May 4
Thomas K. Fahey	May 6
David R. Holmes	May 9
David A. Bolger	May 13
William A. Johnson	May 13
Agustin Mateo	May 13
Joseph F. Marquart	May 14
J. Lawrence Bona	May 15
REV Richard A. Mullins	May 16
Michael R Trotochaud	May 21
Robert L. White	May 21
Edward J. Cook	May 22
Louis Kobus	May 24
Efrain V. Sanchez	May 24
Clifford J. Conway	May 25
REV Thomas P. Ferguson	May 27
James A. Hamby	May 27
Peter F. Lockard	May 27
Tejas Patel	May 27
Leo G. McCormick	May 29
James D. McKissick	May 29

On behalf of Potomac Assembly # 2204, to those who were born in the Month of May.

May Your Birthday be Blessed

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EVENTS AROUND THE COUNCIL TABLE

(All Events are cancelled, meetings have transitioned to a Virtual setting consistent with the Virginia Governor stay-at-home order June 10, 2020)

459—Fitzgerald Council:

May

- 1—Nocturnal Adoration 9 pm-6 am
- 2—Rosary at Abortion Clinic 9 am
- 4—Officers Meeting Father Rankin House 7 pm
- 13—Council Meeting 7:30, Rosary 7pm
- 25—Potomac Assembly —4th Degree Meeting 7:30 pm

June

- 5—Officers Meeting Father Rankin House 7 pm
- 5—Nocturnal Adoration 9 pm-6 am
- 6—Rosary at Abortion Clinic 9 am
- 10—Council Meeting 7:30, Rosary 7pm
- 22—Potomac Assembly —4th Degree Meeting 7:30 pm

5998—Mount Vernon Council - (Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4) -SUSPENDED

May

- 2—KofC Virginia State Convention 8:30am (Cancelled)
- 2—Patriotic Rosary 11:00am (Virtual)
- 6—Officers Meeting 7:45 (Virtual)
- 7—Rosary 7pm (Virtual)Bus. Mtg 7:45pm (Virtual)
- 10—~~St. Louis Pancake Breakfast 8am (setup)~~
- 10—~~Mother's Day Flowers at Good Shepherd 8am~~
- 16—~~KOVAR Dinner and Silent Auction 6pm~~
- 17—~~Good Shepherd Pancake Breakfast 7am (setup)~~
- 24—Baby Shower 2-4pm (TBD)

June

- 4—Officers 7:30 (Virtual), Business Mtg (Virtual)
- 6—Patriotic Rosary 11:00am (Virtual)
- 14—St. Louis Pancake Breakfast 8am (setup)
- 20—Council & Corp. Appreciation Dinner 6pm-
- 21—Good Shepherd Pancake Breakfast 7am (setup)

11170—Fort Belvoir Council:

May

- 14—Business Meeting 7:30pm (Rosary for Life 7pm)
- 25—Potomac Assembly—4th Degree Meeting 7:30pm
- 28—Officers' Meeting

June

- 11—Business Meeting 7:30pm (Rosary for Life 7pm)
- 22—Potomac Assembly—4th Degree Meeting 7:30pm
- 25—Officers' Meeting

Potomac Assembly #2204
8592 Richmond Hwy
Alexandria, VA 22309

Address Correction Requested