



Navigator's Log



**Potomac Assembly # 2204
Comprised of Knights of Columbus Councils
459 Fitzgerald
5998 Mount Vernon, and
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,
Good Shepherd, and Fort Belvoir Catholic Parishes**

April 2021



Silver Rose at Fort Belvoir Council, see page 7.

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Potomac Assembly Directory

Navigator

SK PGK Larry Clark, hlclark63@gmail.com, 202 494-4761

Trustee 1 Year

SK PGK PFN Ray Duff, rrduff25@gmail.com, 901 229-3445
(filling in for SK 2PGK PFN Fred Beata)

Friar

SK Father Jeb Donelan, j.donelan@gs-cc.org, 703 780-4055

Trustee 2 Year

SK 2PGK PFN Buck Coates, buck.coates@comcast.net, 703 751-8362

Captain

SK PGK Richard Dunbar, richdunbar1947@gmail.com,
571 216-6012

Trustee 3 Year

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

Admiral

SK PGK PFN Robert T. Reynolds, reynoldsrt@cox.net, 703 799-2607

Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

Pilot

SK PGK Joe Castillo, jc305@evansville.edu, 219 880-6889

Scribe

SK PGK Joe Graf, jggraf@outlook.com, 703 473-0372

Purser

SK 2PGK PFN Fred Beata, fbeata@verizon.net, 571 249-0955

Inner Sentinel

SK GK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185

Outer Sentinel

SK DD PGK William Beach, wwbeach4214@gmail.com,
571 527-7772

Fourth Degree Website

assembly2204.org
SK PGK Steve Teslik, steslik@e2steve.com

Color Corps Commander

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

Navigator's Log Editor, SK GK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert, SK 2PGK PFN Buck Coates, SK Nathan Forrester.

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UPCOMING EVENTS

(We are in Phase III as directed by the Virginia Governor)

MONTH/

DAY OF WEEK

DATE EVENT

APRIL 2021

SATURDAY	3	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND ZOOM
SATURDAY	17	FOURTH DEGREE EXEMPLIFICATION VIRTUAL AT 5998 11AM
TUESDAY	20	OFFICERS MEETING AT 7:00 PM IN-PERSON AND ON ZOOM
MONDAY	26	KNIGHTING & BUSINESS MEETING AT 7:00 PM IN-PERSON AND ON ZOOM

MAY 2021

SATURDAY	1	PATRIOTIC ROSARY AT 11:00 AM AT GOOD SHEPHERD AND ZOOM
TUESDAY	18	OFFICERS MEETING AT 7:00 PM IN-PERSON AND ON ZOOM
MONDAY	24	BUSINESS MEETING AT 7:00 PM IN-PERSON AND ON ZOOM

JUNE 2021

SATURDAY	5	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND ZOOM
TUESDAY	22	OFFICERS MEETING AT 7:00 PM IN-PERSON AND ON ZOOM
MONDAY	28	BUSINESS MEETING AT 7:00 PM IN-PERSON AND ON ZOOM

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

On behalf of Potomac Assembly # 2204

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Friar for the Assembly - Father Jeb Donelan

Dear Brother Knights:

Alleluia! The Lord is risen! Each year around this time (Late March or early April) we celebrated the most important and Solemn of all Christian feast days, Easter! Yet the attitude of the world and many Christians would never tell you so. For many Christians, even Catholics, Easter has become little more than a spring festival celebrating new life and some obscure idea of Jesus Christ raising from the dead. Ideas about what the resurrection is or means are fairly varied ranging from ideas of spiritual or psychological resurrection to the actual idea that Jesus' body actually rose from a state of being dead.

For Catholics, hopefully it is clear that our faith is based upon the reality that Jesus Christ really did rise, soul and body from the dead. It is not just his soul, not just a spiritual resurrection amongst his followers nor is it any kind of wishful thinking that happens when people treat each other a little better. This is a fact we believe based upon the scriptures, testimony of the Apostles and continuous witness of the martyrs and Saints throughout the ages. It is important to keep in mind it was not just the rising of an almost lifeless body with holes in it but of a glorious, restored body that maintains the nail marks to remind us of the price he paid but also a body that passes through doors and eats fish as the Gospel attest to his love for us. And this is important to remember, because we too at the end of time will receive our own glorified bodies if we go to heaven and will very much enjoy many things we have enjoyed here but in an elevated state.

Our belief in the Resurrection is also very pertinent to our lives right now as we continue to live through these turbulent times. Deep faith in the Resurrection can be an excellent source of hope for all living through distressing situations. To some people faith may sound like a "pie in the sky" response to real world problems but it should not be. Rather believers should understand that by working for peace in our own times and addressing real problems with faith we are doing the Lord's work on earth and earning our eternal reward, and by the way our eternal reward is always better than what we have here, even when we get what we want. By the same token faith in the Resurrection saves us from the tendency to despair and become bitter when things are challenging by reminding us that the best is yet to come and God can make all things work to our good (Rom 8: 28). May God bless your Easter and fill you with the hope of new life in the Resurrection.

Fraternally in Christ,

Fr. Jeb Donelan
Vivat Jesus.

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Faithful Navigator's Comments—Larry Clark

Worthy Sir Knights,

The Triduum will soon be upon us, those three days leading us to Easter Sunday and the Resurrection of the Lord at the Easter vigil. A wonderful miraculous event that changed the world forever and gave all of us the path to salvation.

April also prepares us for a change in leadership within the Assembly. The slate will be presented in April, voted on in May and sworn in in July. If you feel you want to increase your participation please reach out to Our Worthy Captain, Rich Dunbar.

It is difficult to believe that we have just passed the anniversary of the first corona virus individual found in Virginia at Fort Belvoir. And where have the 365 days since then gone? We have prayed daily for family, friends, and those we have lost. We greet each other with elbow bumps and awkward air hugs. We have watched mass on the great eye, but you did not have to stay local, you could visit beautiful churches, listen to priests other than those in our parishes. Their words telling the stories of their communities.

We have learned to adapt. Families with school aged youngsters probably more than most, but they did and are moving forward. Look at the work done by the diocese to adapt; look at our parishes, livestreaming masses, holding confirmations, preparing people to join the Church through RCIA. Look at our schools and the amazing job they have done in keeping schools open and teachers who sometimes learned on the fly to keep children engaged and interested. And women, the national guard, bus drivers, cleaning people, and others who were working on the front lines to assist their communities.

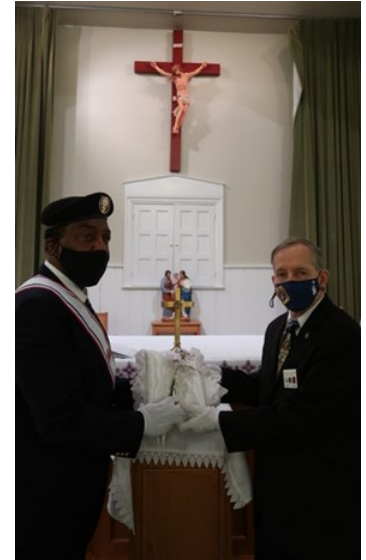
YBIC, Larry Clark
FN Potomac
Assembly 2204
202-494-4761

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Silver Rose

We were blessed to be one of the first Councils to receive the Silver Rose at Mount Vernon, Fort Belvoir, and the Basilica of St Mary / Saint Joseph's, starting February 27 until March 5 for these three Councils of our Assembly. The pictures below are from the Fort Belvoir Council.



And the pictures from Council 459 hosting the Silver Rose on March 4 and 5 are provided below by PGK Steve Teslik..



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Picture from Padre Pio at Saint Mary Basilica

This was a picture from August 2020 by FN Larry Clark.



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Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff

SK Freddie Flowers

SK Dutch Anderson

SK PGK Reyes Guerra

SK Jeff Petrino

SK Fred Scheuren

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

Kieu Dunbar wife of SK Richard Dunbar

SK PGK PFN Robert T. Reynolds

Linda, Buck and Marianne sister and sister-in-law

Henry Chau, brother of SK GK Maurice Chau

Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we
ask you to bless our brother Knights

and their relatives who are sick. Give them the strength in
body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian
community, they may joyfully praise your name, for you live
and reign for ever and ever. Amen

**Happy
Birthday!**

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Birthdays for April 2021

Arthur W. Friedberg	April 1
Albertus Hugo Van Den Bogaard	April 1
Carlos A. Carreras	April 2
Padro A. Del Agulia	April 4
Robert K. Reynolds	April 4
Karl Tamai	April 7
Michael J. Mixon	April 12
Nathan E. Murray	April 13
REV Jesus Navarrete	April 16
Herbert Ray Duff	April 20
Joseph R. McCracken	April 25
James B. McCracken	April 28
Kevin Garrison	April 30
Kevin J. Williams	April 30

On behalf of Potomac Assembly # 2204, to those who were born in the Month of April

May Your Birthday be Blessed

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EVENTS AROUND THE COUNCIL TABLE

(We are in Phase III consistent with the Virginia Governor order.)

459—Fitzgerald Council:

April

2—Nocturnal Adoration 9 pm-6 am
3—Rosary at Abortion Facility 9 am
7—Officers Meeting virtual 7 pm
14—Council Meeting 7:30, Rosary 7pm

May

1—Rosary at Abortion Facility 9 am
5—Officers Meeting virtual 7 pm
7—Nocturnal Adoration 9 pm-6 am
12—Council Meeting 7:30, Rosary 7pm

5998—Mount Vernon Council - (Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).

April

2—Good Friday—NO BINGO
10, 17, 24—Spiritual Reflection 7:30am on Zoom
3, 10, 17, 24—Abortion Rosary & prayer 9am-12pm
4—Easter Sunday—SUNDAY BINGO on April 11
8—Ofr 6:30pm, Rosary 7:30pm, & Business Mtg 8pm
24—Police and Firefighter Appreciation Meal 2pm

May

1—State Convention, Virtual/limited in person 8:30am to 2pm
1, 8, 15, 22, 29—Spiritual Reflection 7:30am on Zoom
1, 8, 15, 22, 29—Abortion Rosary & prayer 9am-12pm
16—Dedication to Tom & Patricia Fahey w/ KOVAR 3:30pm

11170—Fort Belvoir Council:

April

8—Rosary for Life
8—Membership Meeting
22—Officers' Business Meeting

May

13—Rosary for Life
13—Membership Meeting
27—Officers' Business Meeting