



# Navigator's Log



**Potomac Assembly # 2204**  
**Comprised of Knights of Columbus Councils**  
**459 Fitzgerald**  
**5998 Mount Vernon, and**  
**11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,  
Good Shepherd, and Fort Belvoir Catholic Parishes**

**October 2021**



Father Vincent Capodano Memorial Mass, September 7, 2021, see page 7.

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## Potomac Assembly Directory

### Navigator

SK PGK Richard Dunbar, richdunbar1947@gmail.com,  
571 216-6012

### Friar

SK Father David Dufresne, frdavid@stmaryoldtown.org,  
703 836-4100

### Captain

SK PGK Joe Castillo, jc305@evansville.edu, 219 880-6889

### Admiral

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### Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

### Pilot

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### Scribe

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### Purser

SK 2PGK PFN Fred Beata, fred2pgk@gmail.com, 571 249-0955

### Inner Sentinel

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### Outer Sentinel

SK DD PGK William Beach, wwbeach4214@gmail.com,  
571 527-7772

### Color Corps Commander

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

### Trustee 1 Year

SK 2PGK PFN Buck Coates, buck.coates@comcast.net, 703 751-  
8362

### Trustee 2 Year

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

### Trustee 3 Year

SK PGK PFN Robert T. Reynolds, reynoldsrt@cox.net,  
703 799-2607

### Fourth Degree Website

assembly2204.org

SK PGK Steve Teslik, steslik@e2steve.com

**Navigator's Log Editor**, SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert, SK 2PGK PFN Buck Coates, SK Nathan Forrester.

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### UPCOMING EVENTS

#### OCTOBER 2021

SATURDAY	2	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND ZOOM
MONDAY	11	COLUMBUS DAY CEREMONY AT UNION STATION
MONDAY	18	REVIEW OF EXEMPLIFICATION PAPERWORK/FUNDS (FN, FP, FC & GKs)
TUESDAY	19	OFFICERS MEETING AT 7:00 PM ON ZOOM AND IN-PERSON
SUNDAY	20	DEADLINE FOR SUBMISSION OF FOURTH DEGREE CANDIDATES
MONDAY	25	BUSINESS MEETING AT 7:00 PM ON ZOOM AND IN-PERSON
SATURDAY	30	FOURTH DEGREE EXEMPLIFICATION, CHURCH OF THE ASCENSION, VA BEACH 12PM

#### NOVEMBER 2021

SATURDAY	6	PATRIOTIC ROSARY AT 11:00 AM AT THE BASILICA ST. MARY
TUESDAY	16	OFFICERS MEETING AT 7:00 PM ON ZOOM AND IN-PERSON
MONDAY	22	BUSINESS MEETING AT 7:00 PM ON ZOOM AND IN-PERSON

#### DECEMBER 2021

SATURDAY	4	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND ZOOM
SATURDAY	18	WREATHS ACROSS AMERICA AT ARLINGTON NATIONAL CEMETERY
TUESDAY	21	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	27	BUSINESS MEETING AT 7:00 PM ON ZOOM AND IN-PERSON

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

**On behalf of Potomac Assembly # 2204**

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## Friar for the Assembly - Father David Dufresne

Dear Brothers,

By the time you read this Columbus Day will have passed. This is a great day not only for us Knights who bear the name of the explorer who sailed the ocean blue in 1492, but for all who live on the continent he landed upon. For one reason or another, this holiday has become controversial in our culture. Rather than discuss the "controversy," I would like to bring up the larger issue: knowing our story well. Too often historical figures are discredited, maligned, and disgraced by ever changing modern condemnations. It is like trying to say John Wayne is a bad actor because he smoked cigarettes. If we encounter anyone who has swallowed the Politically Correct (PC) Kool-Aid about Christopher Columbus, the Crusades, Inquisition, etc., we should invite them to have a more critical approach to history.

So many of our conversations today seem to be pushed by "narratives." Underneath this anti-Columbus "controversy" is a narrative that Christianity is bad; Columbus brought Christianity to the New World, therefore Columbus is bad. We need to know our story well enough to help break people out of their narrative and actually look at history. This also includes knowing his faults and failures and not trying to make excuses for them. Above all, it includes trying to understand him in light of his world and not by condemning him from ours. Another important part of our story shares the sea and the month of October with Columbus: The Battle of Lepanto. The biggest naval engagement in the history of the world was fought off the coast of Italy against the Islamic State of 1571 in order to save Christian Europe. We would do well to learn the lesson from Lepanto and to be well acquainted with our story. As the Catechism places on the mouth of St. Ignatius of Loyola, "Pray as if everything depended on God and work as if everything depended on you" (CCC 2834). May we act as boldly as Columbus and the soldiers of Lepanto and pray as fervently as those who saved Christian civilization through Our Lady's Holy Rosary.

AMDG,

Father David

Parochial Vicar of the Basilica of St. Mary, 703-836-4100

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## Faithful Navigator's Comments—Richard Dunbar

Worthy Sir Knights,

Many thanks to all our Sir Knights who took part in our observance of the 20th anniversary of the attack on the Pentagon on September 11th. It was a most solemn and moving ceremony. Sir Knights took turns reading the 189 names of the victims and the church bell tolled after each name was read. We followed this with a beautiful Patriotic Rosary.

Many thanks also to our Color Corps members who participated in several events: Presentation of the Colors at the National Conference of Catholic Women; Honor Guard for Sir Knight Kerry McCabe's funeral service; Honor Guard for the Servant of God Father Vincent Capodanno (Navy Chaplain and Medal of Honor recipient) Memorial Mass.

I invite you to join the Color Guard at the Columbus Day observance at Union Station on October 11th. Also, the Fourth Degree Exemplification is October 30th in Virginia Beach. More information will be sent to you for the former. I have already sent you information about the latter.

All of our events are featured on the Assembly's web site: <http://assembly2204.org/>. Always check for the latest information, photos, calendar, Navigator's Log, and much more.

Election Day in Virginia is November 2nd, but you should already be able to vote early if you so choose. This is a very important election for Governor, Lieutenant Governor, Attorney General, and General Assembly Delegates. I urge you to stay informed on the candidates' stand on issues, especially those that are most important for Catholics. Visit the U.S. Conference of Catholic Bishops web page for guidance — "Forming Consciences for Faithful Citizenship" — at <https://www.usccb.org/issues-and-action/faithful-citizenship/forming-consciences-for-faithful-citizenship-title>.

Blessed Father McGivney, pray for us! Mary Queen of the Knights, pray for us!

Vivat Jesus!

Rich  
Faithful Navigator  
[richdunbar1947@gmail.com](mailto:richdunbar1947@gmail.com)  
571-216-6012

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## Father Vincent Capodano Memorial Mass September 7, 2021

The mass was held at the National Shrine of the Immaculate Conception. There were thirty eight Sir Knights in regalia at this mass. This was impressive considering last year, there was not a Fourth Degree presence. We were thanked for having a strong showing this year. Our picture was taken by State Deputy Chris Pierno of the District of Columbia State Council. This required taking his picture and his name badge to insure we gave him credit for taking our picture, and serving as the State Deputy for the District of Columbia.



Left to right: SK PGK Maurice Chau, SK PGK PFN Ed Stance, SK FN PGK Richard Dunbar, and SK DD PGK PFN Fred Beata



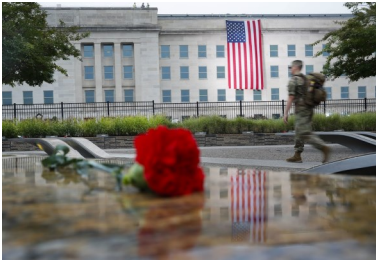


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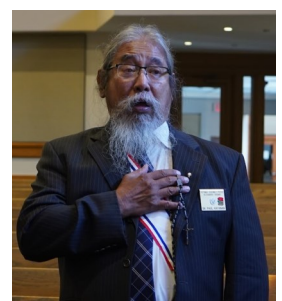
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## Observance of 20th Anniversary of "September 11th" - Assembly 2204:

- Pentagon Victims Roll Call & Tolling of Bells; Praying of the Patriotic Rosary



These photographs were taken by SK PGK Steve Teslik, and Elizabeth Scheuren.





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## Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff

SK Freddie Flowers

SK PGK Reyes Guerra

SK Fred Scheuren

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

SK PGK PFN Robert T. Reynolds

SK Albertus Van den Bogaard

Maryanne Coates

State Deputy Mark Janda, and Bishop Emeritus Paul Loverde

For the soul of Amada Siervo De Vera, mother-in-law of SK Fred Beata

For the soul of SK Kerry McCabe and prayers for his family

## Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we  
ask you to bless our brother Knights

and their relatives who are sick. Give them the strength in  
body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian  
community, they may joyfully praise your name, for you live  
and reign for ever and ever. Amen

**Happy  
Birthday!**

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### Birthdays for October 2021

Rev. Mr. K J Schroeder	October 1
Eugene B. Graniewski	October 2
Theodore A. Cowles	October 7
Rev. Phillip P. Denig	October 8
Ireneo D. Manalo	October 20
David K E Mushrush	October 20
Scott C. Anderson	October 23
Andrew W. Andersen	October 27

On behalf of Potomac Assembly # 2204, to those who were born in the Month of October

*May Your Birthday be Blessed*

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## EVENTS AROUND THE COUNCIL TABLE

(We are in Phase III consistent with the Virginia Governor order.)

### 459—Fitzgerald Council:

#### October

- 1—Nocturnal Adoration 9 pm-6 am
- 2—Rosary at Abortion Facility 9 am
- 6—Officers Meeting virtual 7 pm
- 9—Past Grand Knight Pot Luck 6pm
- 13—Business Meeting 7pm
- 20—Council Social 7pm

#### November

- 3—Officers Meeting virtual 7 pm
- 5—Nocturnal Adoration 9 pm-6 am
- 10—Business Meeting 7pm & Degree Ceremony
- 17—Council Social 7pm

### 5998—Mount Vernon Council -

(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).

#### October

- 2—State 2nd Quarterly Meeting
- 7—Officer's Mtg 6:30, Rosary 7:30, Business Mtg 8pm
- 2, 9, 16, 23, 30—Spiritual Reflection 7:30am on Zoom
- 2, 9, 16, 23, 30—Abortion Rosary & prayer 9am-12pm
- 9—Ladies Monthly Luncheon 12pm
- 10—St. Louis Pancake Breakfast (Cancelled)
- 10—KCIC Sales at Masses 8am
- 11—Youth Dodgeball at Saint Louis Gym
- 11—Corporation Business Meeting 7pm
- 16—Oktoberfest Social Event 3-8pm
- 17—Good Shepherd Pancake Breakfast/ (Cancelled)
- 17—KCIC Sales, at Masses 7am
- 30—Children's Halloween Party 2pm

#### November

- 2—54-Day Novena for Life Closing
- 4—Officer's Mtg 6:30, Rosary 7:30, Business Mtg 8pm
- 6, 13, 20, 27—Spiritual Reflection 7:30am on Zoom
- 6, 13, 20, 27—Abortion Rosary & prayer 9am-12pm
- 8—Corporation Business Meeting 7pm
- 13—Ladies Monthly Luncheon 12pm
- 14—St. Louis Pancake Breakfast 8am
- 16—UCM Sacrament Dinner
- 17—KCIC Poster Contest Start
- 18—Annual Memorial Mass and Social/Dinner 6pm
- 21—Good Shepherd Pancake Breakfast 7am
- 23—Mount Vernon House Lunch
- 25—Thanksgiving Meal Assembly/Packaging/Delivery 9am

11am

### 11170—Fort Belvoir Council:

#### October

- 9—Family Hike in Ft. Belvoir Woods 1pm
- 14—Rosary and Membership Meeting 7pm
- 16—St. Lucy Project Fall Food Drive (Tentative)
- 23-31 —Coats Collection after Masses
- 14—Rosary and Membership or Life 7pm
- 28—Officers Meeting 7pm
- 30 or 31 Parish Fall Festival
- TBD "Leave No Military Family Behind" Food Card Collection

#### November

- 5—Rosary and Membership Meeting 7pm
- 6-28 Coats Collection after all Masses
- 14—Patriotic Rosary at Fairfax Chapel 11am
- 14-29—KCIC Card Distribution after all Masses
- 19—Officers Meeting 7pm
- 21—Exemplification Team Practice at Fairfax Chapel 9-11am
- 21—Turkey Bingo