



# Navigator's Log



**Potomac Assembly # 2204  
Comprised of Knights of Columbus Councils  
459 Fitzgerald  
5998 Mount Vernon, and  
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,  
Good Shepherd, and Fort Belvoir Catholic Parishes**

**December 2021**



Memorial Mass at 459 (left) and 5998 (right) on November 20, and 18, 2021, see pages 7-9.

# Navigator's Log Potomac Assembly # 2204

December 2021, Page 2

---

## Table of Contents

Page 2	Table of Contents
Page 3	Potomac Assembly Directory
Page 4	December, January and February Upcoming Events
Page 5	Friar Article
Page 6	Faithful Navigator's Article
Page 7-8	Memorial Mass 459 November 20, 2021
Page 9	Memorial Mass 5998 November 18, 2021
Page 10	Prayer List, Prayer for the Sick
Page 11	December Birthdays
Page 12	Around the Councils—Upcoming Council Events

# Navigator's Log Potomac Assembly # 2204

December 2021, Page 3

## Potomac Assembly Directory

### Navigator

SK PGK Richard Dunbar, richdunbar1947@gmail.com,  
571 216-6012

### Friar

SK Father David Dufresne, frdavid@stmaryoldtown.org,  
703 836-4100

### Captain

SK PGK Joe Castillo, jc305@evansville.edu, 219 880-6889

### Admiral

SK PGK PFN Larry Clark, hlclark63@gmail.com, 202 494-4761

### Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

### Pilot

SK PGK Joe Graf, jggraf@outlook.com, 703 473-0372

### Scribe

SK PGK Reyes Guerra, reyesguerra@cox.net, 703-740-6968

### Purser

SK 2PGK PFN Fred Beata, fred2pgk@gmail.com, 571 249-0955

### Inner Sentinel

SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185

### Outer Sentinel

SK DD PGK William Beach, wwbeach4214@gmail.com,  
571 527-7772

### Color Corps Commander

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

### Trustee 1 Year

SK 2PGK PFN Buck Coates, buck.coates@comcast.net, 703 751-  
8362

### Trustee 2 Year

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

### Trustee 3 Year

SK PGK PFN Robert T. Reynolds, reynoldsrt@cox.net,  
703 799-2607

### Fourth Degree Website

assembly2204.org

SK PGK Steve Teslik, steslik@e2steve.com

**Navigator's Log Editor**, SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert, SK 2PGK PFN Buck Coates, SK Nathan Forrester.

# Navigator's Log Potomac Assembly # 2204

December 2021, Page 4

---

## UPCOMING EVENTS

### DECEMBER 2021

SATURDAY	4	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND ZOOM
SATURDAY	4	LAYING OF A WREATH BY COLOR CORPS. AT TOMB OF THE UNKNOWNNS AT ARLINGTON CEMETERY
SATURDAY	11	ASSEMBLY CHRISTMAS SOCIAL AT COUNCIL 5998 K OF C HALL
SATURDAY	18	WREATHS ACROSS AMERICA AT ARLINGTON NATIONAL CEMETERY
TUESDAY	21	OFFICERS MEETING AT 7:00 PM ON WEBEX
MONDAY	20	BUSINESS MEETING AT 7:00 PM ON ZOOM AND IN-PERSON
THURSDAY	23	SIMBANG GABI MASS AT ST. LOUIS 7PM HONOR GUARD

### JANUARY 2022

SATURDAY	8	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND ZOOM
SUNDAY	9	RELIGIOUS FREEDOM DAY IN FREDERICKSBURG, VA
TUESDAY	18	OFFICERS MEETING AT 7:00 PM ON WEBEX
SATURDAY	22	WREATHS ACROSS AMERICA—WREATHS OUT AT ARLINGTON CEMETERY
MONDAY	24	RENEWAL OF OBLIGATIONS AT 7:00 PM IN-PERSON

### FEBRUARY 2022

SATURDAY	5	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	22	OFFICERS MEETING AT 7:00 PM ON WEBEX
MONDAY	28	BUSINESS MEETING AT 7:00 PM ON ZOOM AND IN-PERSON

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

**On behalf of Potomac Assembly # 2204**

# Navigator's Log Potomac Assembly # 2204

December 2021, Page 5

## Friar for the Assembly - Father David Dufresne

Dear Brothers,

December is a month of great Catholic festivities. It is fitting that the culmination of Jesus' birth is preceded by two feast days dedicated to His Mother under the titles of the Immaculate Conception and Our Lady of Guadalupe. Drawing closer to Jesus through Mary can help us become better men, better disciples, and thus better Knights. These two days are important because the Immaculate Conception is the Patroness of the United States of America and Our Lady of Guadalupe is the Patroness of all of the Americas. Through different cultural expressions, we are united in one faith - under one maternal mantle.

We are made into one body, through one baptism-advancing toward our One Lord. I propose these two titles of Mary also unite us against our battle with evil. The Blessed Virgin Mary is the woman who Eve was supposed to be. In her total trust in God's goodness and courageous yes to His will, Mary is the disciple that we should all strive to be. She, who was conceived without sin, is our greatest antidote to the temptation to sin. In a concrete way, she is the woman who, through her Divine Son, crushes the head of the ancient foe. In fact, Guadalupe, is most likely what the Spanish heard the natives say as they invoked Mary as Our Lady of Coātlaxopeuh, which means "the one who crushes the serpent." It was Mary who implored the natives to stop the practice of human sacrifice.

Many ancient religions recognized that they were estranged from their gods. They mistakenly thought that they could reconcile with their idols by sacrificing that which was most precious to them: their own children. It was Mary who taught them that they got it backwards - it was the One True God who took the initiative to reconcile with humanity. He is the One who sacrificed that which is most precious: His Only Begotten Son. It is through Jesus that we achieve peace with God. It is through Mary that we arrive at her Son. May we invoke her protection against all temptation. May she help us as well as we invoke her to restore a culture of life against the modern practice of children sacrifice.

AMDG,

Father David

Parochial Vicar of the  
Basilica of St. Mary  
703-836-4100

# Navigator's Log Potomac Assembly # 2204

December 2021, Page 6

## Faithful Navigator's Comments—Richard Dunbar

Worthy Sir Knights,

I wish everyone a faith-filled season of Advent and a Merry Christmas.

As you may have read and seen on our web site ([assembly2204.org](http://assembly2204.org)), we had a great turnout for our first Veterans Day observance at the Alexandria National Cemetery. This month, we have three more patriotic events. We will lay a wreath at the Tomb of the Unknowns at Arlington National Cemetery (ANC) on December 4th. Later that morning, we will pray the Patriotic Rosary. And on December 18th, again at ANC, we will participate in placing Christmas wreaths on headstones as part of the Wreaths Across America project. Please check your email messages for details on all these events. They are all great ways to celebrate Christmas patriotically.

We will also celebrate Christmas with a social on December 11th. Look for your Sign Up Genius invitation with full details.

Of course, while all these events are important, none is more so than celebrating the birth of our Lord Jesus Christ in prayer and in song. This is also a wonderful time for celebrating with family. I hope you will all be able to enjoy the season.

Most of all, let us not forget all those who are deployed at Christmas, as well as our first responders, medical personnel, and others who have to work while the rest of us are able to take time off. Keep our homeless brothers and sisters, and those less fortunate than us in your prayers as well.

Let us pray for peace on earth, for persecuted people everywhere, especially persecuted Christians.

Blessed Father Michael J. McGivney, pray for us!

Rich  
Faithful Navigator  
[richdunbar1947@gmail.com](mailto:richdunbar1947@gmail.com)  
571-216-6012



# Navigator's Log Potomac Assembly # 2204

December 2021, Page 7

---

## Memorial Mass, Council 459 on November 20, 2021

The Memorial Mass at the Basilica of Saint Mary for 459 was held on November 20, 2021 honoring the Brothers who have passed away. There was a reception afterwards there SK Joe Castillo cooked duck. It was delicious and delightful social time.



# Navigator's Log Potomac Assembly # 2204

December 2021, Page 8

## Memorial Mass 459 November 20, 2021 (continued)





# Navigator's Log Potomac Assembly # 2204

December 2021, Page 9

## Memorial Mass 5998 on November 18, 2021

The Mount Vernon Council Memorial Mass at 5998 honored the Brothers who have passed away. The meal included Ravioli with crab meat, seasoned chicken, green beans and carrots, and a salad. It was good company and social time with families. Thank you Grand Knight Steve Piscitelli for your picture of the Father Michael Lindsey (pastor of Saint Martin of Tours parish at Fort Belvoir) and the Sir Knights in regalia.



# Navigator's Log Potomac Assembly # 2204

December 2021, Page 10

## Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff

SK Freddie Flowers

SK PGK Reyes Guerra

SK Fred Scheuren

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

SK PGK PFN Robert T. Reynolds

SK Albertus Van den Bogaard

Marianne Coates

State Deputy Mark Janda, and Bishop Emeritus Paul Loverde

For the soul of Amada Siervo De Vera, mother-in-law of SK Fred Beata

For the soul of SK Kerry McCabe and prayers for his family

Father Jerry Creedon,

Bishop Walter Sullivan

For the soul of Leonard Anderson

## Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we ask you to bless our brother Knights and their relatives who are sick. Give them the strength in body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian community, they may joyfully praise your name, for you live and reign for ever and ever. Amen

**Happy  
Birthday!**

# Navigator's Log Potomac Assembly # 2204

December 2021, Page 11



---

## Birthdays for December 2021

Anthony P. Nichols	December 2
Luis E. Garcia-Baco	December 10
Dwight L. Greenlund	December 12
Frank N. Del Piano	December 13
Peter-Anthony Pappas	December 15
Patrick A. Pearson	December 15
Francis M de Rosa	December 16
Anthony J. Johnson	December 17
Robert T. Reynolds	December 19
Stephen T. Smith	December 22
Andrew B. Rogers	December 23
Michael J. Hahn	December 24
Henry W. Tye	December 24
Thomas S. Carney	December 25
David J. Kammen	December 27
Edward A. Dillenschneider	December 29
Carl A. Eifert	December 30
Rafael K. Genuino	December 30
Christopher J. Moore	December 30
Mitchell A. Pabis	December 30
Daniel F. Rinzel	December 30
Edward C. Stance	December 30

**On behalf of Potomac Assembly # 2204, to those who were born in the Month of December**

***May Your Birthday be Blessed***

# Navigator's Log Potomac Assembly # 2204

December 2021, Page 12

---

## EVENTS AROUND THE COUNCIL TABLE

(We are in Phase III consistent with the Virginia Governor order.)

### 459—Fitzgerald Council:

#### December

- 1—Officers Meeting virtual 7 pm
- 3—Nocturnal Adoration 9 pm-6 am
- 4—Rosary at Duke Street Abortion Provider 9am
- 8—Business Meeting 7pm
- 12—Advent Social—Christmas Tree Lighting 6pm

#### January

- 1—Rosary at Duke Street Abortion Provider 9am
- 5—Officers Meeting virtual 7 pm
- 7—Nocturnal Adoration 9 pm-6 am
- 12—Business Meeting 7pm

### 5998—Mount Vernon Council -

**(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).**

#### December

- 2—Officer's Mtg 6:30, Rosary 7:30, Business Mtg 8pm
- 4, 11, 18—Spiritual Reflection 7:30am on Zoom
- 4, 11, 18—Abortion Rosary & prayer 9am-12pm
- 4—Ladies Monthly Luncheon 12pm
- 4—Adult Christmas Party & Pot Luck 7pm
- 8—Immaculate Conception-Holy Day of Obligation
- 11—Children's Christmas Breakfast with Santa 9am
- 12—St. Louis Pancake Breakfast 8am (Cancelled)
- 15—District Quarterly Meeting 6:30pm
- 19—Good Shepherd Pancake Breakfast 7am
- 24—Good Shepherd Christmas Vigil Mass Parking
- 25—Good Shepherd Christmas Day Mass Parking
- 29—Announce KCIC Poster Contest Winners

#### January

- 1—Solemnity of Mary-Holy Day of Obligation
- 6—Officer's Mtg 6:30, Rosary 7:30, Business Mtg 8pm
- 8, 15, 22, 29—Spiritual Reflection 7:30am on Zoom
- 8, 15, 22, 29—Abortion Rosary & prayer 9am-12pm
- 8—Ladies Monthly Luncheon 12pm
- 9—St. Louis Pancake Breakfast 8am
- 13—Social (Pro-Life Speaker) Pot Luck 6pm
- 16—Good Shepherd Pancake Breakfast 7am
- 17—MLK Jr. Day—Youth Dodgeball/Free Throw @ SL 10am
- 21—March for Life, Mass GS 9am, Dinner at GS 5-6pm

### 11170—Fort Belvoir Council:

#### December

- 4-5—Angel Tree Setup and Distribution
- 5—Final Day of USO Coat Collection
- 4-12—Angel Tree Program
- 9—Rosary and Membership Meeting 7pm
- 12—Marian Prayer Service at Fairfax Chapel
- 18—Wreaths Across America at Arl. Nat'l Cemetery
- 18-19—Final Collection for Angel Tree Gifts
- 18-22—Knights Widows Baskets
- ALL Masses Coat Collections for ECHO
- 24—Breakfast with Angels Support
- 30—Abbreviated Officers Meeting Virtual 7pm

#### January

- 7-9—State Mid-Year Meeting
- 13—Rosary and Membership Meeting 7pm
- 15—Polar Plunge for Special Olympics
- 22—Exemplification
- 22—Knights & Family Bowling at Belvoir Lanes
- 27—Officers Meeting
- 28—March for Life
- TBD Parish Hail and Farewell
- ALL Masses ECHO Coat Collection
- TBD Fraternal Benefits Program