



# Navigator's Log



**Potomac Assembly # 2204  
Comprised of Knights of Columbus Councils  
459 Fitzgerald  
5998 Mount Vernon, and  
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,  
Good Shepherd, and Fort Belvoir Catholic Parishes**

**January 2022**



Simbang Gabi Mass at Saint Louis on December 23, 2021, see page 7.

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## Potomac Assembly Directory

### Navigator

SK PGK Richard Dunbar, richdunbar1947@gmail.com,  
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### Friar

SK Father David Dufresne, frdavid@stmaryoldtown.org,  
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### Captain

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### Admiral

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### Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

### Pilot

SK PGK Joe Graf, jggraf@outlook.com, 703 473-0372

### Scribe

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### Outer Sentinel

SK DD PGK William Beach, wwbeach4214@gmail.com,  
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### Color Corps Commander

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

### Trustee 1 Year

SK 2PGK PFN Buck Coates, buck.coates@comcast.net, 703 751-  
8362

### Trustee 2 Year

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

### Trustee 3 Year

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703 799-2607

### Fourth Degree Website

assembly2204.org

SK PGK Steve Teslik, steslik@e2steve.com

**Navigator's Log Editor**, SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert, SK 2PGK PFN Buck Coates, SK Nathan Forrester.

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## UPCOMING EVENTS

### JANUARY 2022

SATURDAY	1	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND ZOOM
SUNDAY	9	RELIGIOUS FREEDOM DAY IN FREDERICKSBURG, VA (CANCELLED)
TUESDAY	18	OFFICERS MEETING AT 7:00 PM ON ZOOM
FRIDAY	21	MARCH FOR LIFE, GOOD SHEPHERD MASS 9AM
SATURDAY	22	WREATHS ACROSS AMERICA—WREATHS OUT AT ARLINGTON CEMETERY
MONDAY	24	RENEWAL OF OBLIGATIONS AND ASSEMBLY MEETING, STARTS AT 7:00 PM IN-PERSON

### FEBRUARY 2022

SATURDAY	5	PATRIOTIC ROSARY AT 11:00 AM AT 5998
MONDAY	21	GEORGE WASHINGTON PARADE IN ALEXANDRIA CITY, MEET AT ST. MARY SCHOOL 9AM
TUESDAY	22	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	28	BUSINESS MEETING AT 7:00 PM ON ZOOM AND IN-PERSON

### MARCH 2022

SATURDAY	5	SAINT PATRICK'S DAY PARADE IN ALEXANDRIA CITY(TENTATIVE)
SATURDAY	5	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND ZOOM
SATURDAY	12	VIRGINIA DISTRICT BI-ANNUAL MEETING, 9AM TO 2PM (PALMYRA, VA)
TUESDAY	15	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	28	BUSINESS MEETING AT 7:00 PM ON ZOOM AND IN-PERSON
TUESDAY	29	NATIONAL VIETNAM WAR VETERANS DAY

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

**On behalf of Potomac Assembly # 2204**

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## Assembly Friar - Father David Dufresne

Dear Brothers,

Have you ever stopped to wonder why we are called knights? Isn't that archaic? Medieval? Backwards? Perhaps if such a knight were going around trying to slay windmills like Don Quixote. When I think of a knight it conjures in my mind two realities: first we are subjects to our King, Jesus Christ; and second that we fight for those who cannot fight for themselves. It is the King who gives us our mission, who gives us our training, and who gives us our reward. We fight for Him, in the way that He wants, ultimately so we can live in eternal peace in the fullness of His Kingdom.

The month of January presents us with several causes worthy of our attention. The U.S. Bishops in particular would like us to become knights for the weakest in our society; among them are the immigrant and the pre-born. Rather than list all the things that we can do this month to help protect the defenseless, I propose that we just examine our first reaction to this mission. Do we grumble? Do we have a sense that we are already too busy and burned to be concerned with another event or "issue"?

Does the mission of our King rub our political views the wrong way? Even if we don't have a lot of extra time to devote, do we have a tender place in our heart for those that need our help? In short, do we take our title as knight seriously? If you are like me, which I suspect you are, you are a work in progress. You know where you should be and are aware that you fall short. This month, dedicate your attention to the immigrant and to the pre-born, let us redouble our effort to conform our heart and mind to that of our King. Praised be Jesus Christ now and forever.

AMDG,

Father David

Parochial Vicar of the  
Basilica of St. Mary  
703-836-4100

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## Faithful Navigator's Comments—Richard Dunbar

Worthy Sir Knights,

Let us pray for the repose of the soul of our Departed Brother Sir Knight Robert T. Reynolds, Past Faithful Navigator, Sir Knight Paul P. Mehler. Sir Knight Paul's funeral Mass was on January 12th. An Irish Wake will be held at the Knights Lounge on Thursday, January 13 from 6:30pm for Bob. His Mass of Christian Burial will be January 14th at Good Shepherd Catholic Church at 12pm, with Rosary at 10:30am, and visitation before the Mass from 11 to 11:45am.

There is an important event in January, the March for Life on January 21st.

As Patriotic Knights of Columbus, we have a duty to defend our freedom to worship. We live in an increasingly secular world where religious people of many faiths are often criticized and even persecuted for their religious beliefs. We must stand up to those who seek to diminish the value of religion in our lives. They know we stand for truth, justice and virtue, and they want to suppress these values to further their agendas of self-centered "rights" that violate the natural law and the teachings of our Lord Jesus Christ.

The right to life is our most fundamental freedom. We value every life. This is not just a religious issue as even some atheists believe this. In 2022, there is a very good chance that the Supreme Court will strike down the Roe vs. Wade decision of 1973 which permitted abortion throughout our nation during all 9 months of pregnancy. The right to life is not just about abortion. Assisted suicide and euthanasia are also growing scourges we must stop. Our duty to defend life extends to all vulnerable people — the poor, the hungry, the homeless, the persecuted — as our Catholic social doctrine calls us to do.

I wish all of you many blessings in the new year. Blessed Father McGivney, pray for us.

Rich  
Faithful Navigator  
[richdunbar1947@gmail.com](mailto:richdunbar1947@gmail.com)  
571-216-6012

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## Simbang Gabi on December 23, 2021

The Filipino Celebration of Christmas at Saint Louis Catholic Church was a great celebration! Those attending in regalia were SK DD Bill Beach, SK Nate Murray, SK DD Fred Beata, SK Maurice Chau, SK GK Steve Piscitelli, and SK Ed Stance. Yes, we had two District Deputies attending, one from District 37 (Bill Beach), and one from District 13 (Fred Beata). Talk about an honor to be in this group. The celebrant was Bishop Michael Burbidge. The social afterwards was great, and there was a lot of food. Those who hosted did a wonderful job, and there was also a Knight's table reserved for us.





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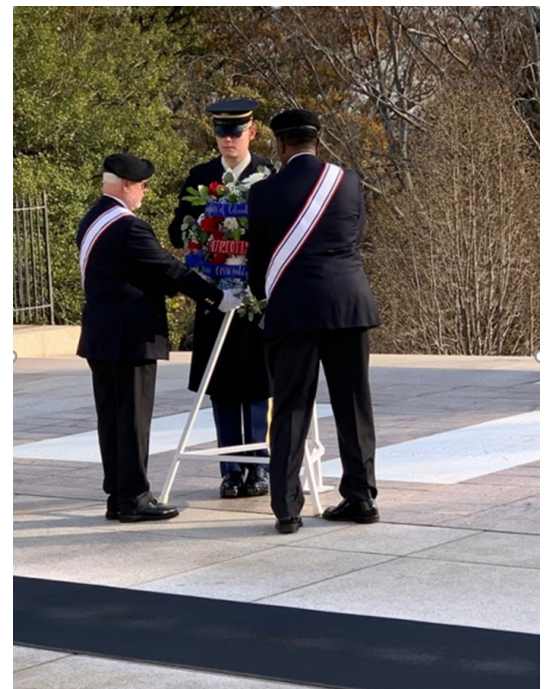
## Assembly Christmas Dinner



## Tomb of the Unknowns,

December 4, 2021

**December 4th at Arlington Cemetery** – Our Color Corps placed a wreath at the Tombs of the Unknowns at Arlington National Cemetery.. This was an amazing and very sobering honor to participate in this event. It is titled Tombs of the Unknowns as there are three distinct tombs for the unknown of World War I, World War II, and the Korean War.





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## Wreaths Across America



The dedicated ones, Rob Reynolds, Michael Argo, Bill Beach, Richard Dunbar, Mike Murphy, Kevin Palgutt. There were others Fred Beata, Betsey Reynolds, Larry Clark, Joe Tiago, Joe Castillo, Steve Teslick.



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## **SK PGK PFN Robert T. Reynolds**

(Obituary for Colonel Robert Thomas Reynolds)

Colonel Robert (Bob) Thomas Reynolds, US Army, Signal Corps, passed peacefully on December 12, 2021 at Walter Reed National Military Medical Center at the age of 70.

Bob was born in Miami, Oklahoma to the late Robert H. Reynolds and Irene Louise nee Hoffman and was raised in the Leavenworth, Kansas area.

Bob earned a Bachelor's Degree in Electronic Engineering Technology from Pittsburg State University, Pittsburg, Kansas and a Master's Degree in Public Administration from Shippensburg University, Shippensburg, Pennsylvania. He was always proud to be a member of the Sigma Chi Fraternity, initiated into the Zeta Iota Chapter at Pittsburg State.

He joined the Army and, through the Officer Candidate School program, received his commission on September 25, 1973. His assignments included overseas tours in Mannheim, Bad Kreuznach and Ludwigsburg, Germany and stateside postings in Fort Monmouth, New Jersey; Fort Bragg, North Carolina; Fort Gordon, Georgia; Carlisle Barracks, Pennsylvania, and Bolling Air Force Base, Washington, DC. He commanded the 67th Signal Battalion on its deployment to Southwest Asia for Desert Storm, for which he was awarded the Bronze Star Medal. He retired from active duty in 2000 from an assignment with the Defense Intelligence Agency. Following his service in the Army, Bob worked as a business development and technical consultant for Autometric, Boeing, Verizon Business, Harris, and Peraton until his final retirement in 2018.

Bob took an active role as a volunteer in the community, especially later in his career and in retirement. Bob took on leadership positions in Cub Scout Pack 876, acting as Cub Master and Treasurer and took special delight in leading Pack 876 in caroling each Christmas Season. Bob also was active in Riverside Estates, the neighborhood in which he and his family have lived for more than 25 years. Bob worked as an early volunteer in the Neighborhood Watch program and later served as President and member of the board of the Riverside Estates Civic Association for many years.

Another of Bob's volunteer efforts sprang from his lifelong Catholic faith. Bob joined the Knights of Columbus, a lay Catholic fraternal charitable order in 2009, taking an active part in the operations of Mount Vernon Council #5998 and Potomac Assembly #2204. He took responsibility as manager for the snack bar as a part of the Mount Vernon Council's charitable bingo operation and as a leader for monthly pancake breakfasts at Good Shepherd Catholic Church. Bob's responsibility later extended to management of the Knights of Columbus council hall as Building Security Manager and Bar Manager. In his nearly 12 years as a Knight, Bob served the Mount Vernon Council in the officer roles of Recorder, Deputy Grand Knight, Grand Knight, and Trustee. Within the Potomac Assembly he served in the Color Corps and held officer positions as Faithful Purser, Faithful Pilot, Faithful Navigator, and Faithful Admiral.

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## SK PGK PFN Robert T. Reynolds

(Obituary for Colonel Robert Thomas Reynolds) (continued)

Bob is survived by his wife of 37 years, Debra Ann Kempton; his sister, Dr. Teresa Ann Reynolds; his brother, James Doyle Reynolds and wife Margaret Reynolds; his children, daughter Dr. Jessica Lynn Broadway and husband Michael Broadway, daughter Ann Kempton Reynolds Burke and husband William (Barry) Burke, son Robert (Rob) Kempton Reynolds and wife Elizabeth (Betsy) Janus, son John Kempton Reynolds and daughter Mary (Molly) Kempton Reynolds; and his granddaughters Chase Marin Broadway, Reese Evelyn Broadway, and Nora Quinn Burke.

A Mass of Christian Burial for Bob will be held on Friday, January 14th, 2022 at 12 noon at Good Shepherd Catholic Church in Alexandria, Virginia. A rosary will be said at 10:30 am with a period of visitation from 11:00 am to 12 noon.

We invite out of town guests to make arrangements to stay at one of two nearby hotels at a special rate. Reservation links are; Marriott TownePlace Suites Alexandria, Ask for "Robert Reynolds Family and Friends" rate. Hampton Inn and Suites Fort Belvoir. Ask for "Robert Reynolds Family and Friends" rate.

In lieu of flowers, please consider making a donation to the Army Emergency Relief at Fort Belvoir. This worthy organization assists soldiers and their families handle a variety of emergency situations; travel to be with loved ones for serious medical circumstances and emergency no-interest loans for car repair or moving expenses are just a few examples. At many times during their careers, both Bob and Deb assisted their soldiers in accessing these emergency funds, so this is a fitting way to honor Bob and his service to country.

Please visit [give.armyemergencyrelief.org](https://give.armyemergencyrelief.org) go to "support" and indicate it is a "tribute" donation in Memory of COL Robert Reynolds OR send contributions to AER HQ, 2530 Crystal Drive, Suite 13161, Arlington, VA 22202 and indicate it is "in memory of COL Robert Reynolds".

To send flowers or a memorial gift to the family of Colonel Robert Thomas Reynolds please visit our [Sympathy Store](#).

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## SK Paul Mehler

<https://www.dignitymemorial.com/obituaries/alexandria-va/pau;-mehler-10512530>



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## Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff

SK Freddie Flowers

SK PGK Reyes Guerra

SK Fred Scheuren

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

SK Albertus Van den Bogaard

Marianne Coates

State Deputy Mark Janda, and Bishop Emeritus Paul Loverde

For the soul of Amada Siervo De Vera, mother-in-law of SK Fred Beata

For the soul of SK Kerry McCabe and prayers for his family

Father Jerry Creedon,

Bishop Walter Sullivan

For the soul of SK PGK PFN Robert T. Reynolds

For the soul of SK Paul Mehler

## Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we ask you to bless our brother Knights

and their relatives who are sick. Give them the strength in body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian community, they may joyfully praise your name, for you live and reign for ever and ever. Amen

**Happy  
Birthday!**

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## Birthdays for January 2022

Alex Yadao	January 1
Clifford C. Gates	January 3
Ernest E. Graves	January 6
Bruce G. Mersereau	January 7
Richard W. Fecher	January 10
Wilson A. Del Aguila	January 11
Stephen D. Piscitelli	January 11
Steven F. Teslik	January 15
Robert T. Reynolds	January 19
Martin F. Fadden	January 17
James M. Batchelder	January 19
John N. Lawless	January 19
Christopher J. McCormack	January 22
Paul R. Kayanan	January 25
Kevin J. Palgutt	January 25
Pablo Ruiz Rodriguez	January 25
James R. Harris	January 26
Joseph F. Guzowski	January 27
James M. Visbeck	January 27
Christopher J. O. Connor	January 29

**On behalf of Potomac Assembly # 2204, to those who were born in the Month of January**

***May Your Birthday be Blessed***



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## EVENTS AROUND THE COUNCIL TABLE

(We are in Phase III consistent with the Virginia Governor order.)

### 459—Fitzgerald Council:

#### January

1—Rosary at Duke Street Abortion Provider 9am  
5—Officers Meeting virtual 7 pm  
7—Nocturnal Adoration 9 pm-6 am  
12—Business Meeting 7pm

#### February

2—Officers Meeting virtual 7 pm  
4—Nocturnal Adoration 9 pm-6 am  
5—Rosary at Duke Street Abortion Provider 9am  
9—Business Meeting 7pm

### 5998—Mount Vernon Council -

(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).

#### January

1—Solemnity of Mary-Holy Day of Obligation  
6—Officer's Mtg 6:30, Rosary 7:30, Business Mtg 8pm  
8, 15, 22, 29—Spiritual Reflection 7:30am on Zoom  
8, 15, 22, 29—Abortion Rosary & prayer 9am-12pm  
8—Ladies Monthly Luncheon 12pm (Cancelled)  
9—St. Louis Pancake Breakfast 8am (Cancelled)  
16—Good Shepherd Pancake Breakfast 7am  
17—MLK Jr. Day-Youth Dodgeball/Free Throw 10am  
21—March for Life, Mass GS 9am, Dinner at GS 5-6pm  
23—State Combined Exemplification 1:45pm

#### February

3—Officer's Mtg 6:30, Rosary 7:30, Business Mtg 8pm  
5, 12, 19, 26—Spiritual Reflection 7:30am on Zoom  
5, 12, 19, 26—Abortion Rosary & prayer 9am-12pm  
5—Polar Plunge—Virginia Beach 8am  
10—Social (Pro-Life Speaker) Pot Luck 6pm  
12—Ladies Monthly Luncheon 12pm  
13—St. Louis Pancake Breakfast 8am  
19—Wild Game Feed-Pot Luck—Vocations 6pm  
20—Good Shepherd Pancake Breakfast 7am  
26—District Free Throw Contest TBD

### 11170—Fort Belvoir Council:

#### January

7-9—State Mid-Year Meeting  
13—Rosary and Membership Meeting 7pm  
15—Polar Plunge for Special Olympics  
21—March for Life  
22—Exemplification  
22—Knights & Family Bowling at Belvoir Lanes  
27—Officers Meeting  
18-19—Final Collection for Angel Tree Gifts  
TBD Parish Hail and Farewell  
ALL Masses ECHO Coat Collection  
TBD Fraternal Benefits Program

#### February

10—Rosary 7pm, and Membership Meeting (Virtual) 7:30pm  
12—Free Throw Challenge 9am at Field House  
12—Snowman Building (Need Snow) 11am at Parade Field  
13—Marian Prayer Program 12pm at Fairfax Chapel  
19—Snowman Building (Need Snow) 11am at Parade Field  
19—Polar Plunge, 12pm to 2pm at Leesylvania Sate Park  
24—Officers Meeting (Virtual) 7pm  
26—Exemplification, 6:15pm at Belvoir Chapel  
28—Saint Joseph ICON Mass and Veneration