



# Navigator's Log



**Potomac Assembly # 2204  
Comprised of Knights of Columbus Councils  
459 Fitzgerald  
5998 Mount Vernon, and  
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,  
Good Shepherd, and Fort Belvoir Catholic Parishes**

**May 2022**



Memorial Mass for Fort Belvoir Council on April 23, 2022 at Fairfax Chapel, see pages 7-8.

# Navigator's Log Potomac Assembly # 2204

May 2022, Page 2

---

## Table of Contents

Page 2	Table of Contents
Page 3	Potomac Assembly Directory
Page 4	May, June, and July Upcoming Events
Page 5	Friar Article
Page 6	Faithful Navigator's Article
Page 7-8	Memorial Mass for Fort Belvoir Council with Honor Guard April 23, 2022
Page 9-10	Army Museum Trip April 23, 2022
Page 11	Slate of Officers for the next Fraternal Year
Page 12	Prayer List, Prayer for the Sick
Page 13	May Birthdays
Page 14	Around the Councils—Upcoming Council Events

# Navigator's Log Potomac Assembly # 2204

May 2022, Page 3

## Potomac Assembly Directory

### Navigator

SK PGK Richard Dunbar, richdunbar1947@gmail.com,  
571 216-6012

### Friar

SK Father David Dufresne, frdavid@stmaryoldtown.org,  
703 836-4100

### Captain

SK PGK Joe Castillo, jc305@evansville.edu, 219 880-6889

### Admiral

SK PGK PFN Larry Clark, hlclark63@gmail.com, 202 494-4761

### Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

### Pilot

SK PGK Joe Graf, jggraf@outlook.com, 703 473-0372

### Scribe

SK PGK Reyes Guerra, reyesguerra@cox.net, 703-740-6968

### Purser

SK 2PGK PFN Fred Beata, fred2pgk@gmail.com, 571 249-0955

### Inner Sentinel

SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185

### Outer Sentinel

SK DD PGK William Beach, wwbeach4214@gmail.com,  
571 527-7772

### Color Corps Commander

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

### Trustee 1 Year

SK 2PGK PFN Buck Coates, buck.coates@comcast.net, 703 751-  
8362

### Trustee 2 Year

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

### Trustee 3 Year

SK PGK John Dougherty, john.dougherty@cox.net,  
571 228-9567

### Fourth Degree Website

assembly2204.org

SK PGK Steve Teslik, steslik@e2steve.com

**Navigator's Log Editor**, SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert, SK 2PGK PFN Buck Coates, SK Nathan Forrester.

# Navigator's Log Potomac Assembly # 2204

## May 2022, Page 4

---

### UPCOMING EVENTS

#### MAY 2022

SATURDAY	7	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	10	DEADLINE FOR 4TH DEGREE EXEMPLIFICATION APPLICATIONS
TUESDAY	17	OFFICERS MEETING AT 7:00 PM ON ZOOM
SATURDAY	21	FOURTH DEGREE EXEMPLIFICATION IN RICHMOND, VIRGINIA 12PM
MONDAY	23	BUSINESS MEETING AT 7:00 PM ON ZOOM AND IN-PERSON
THURSDAY	26	CONFIRMATION AT FT. BELVOIR 7PM (FT. BELVOIR CHAPEL)
MONDAY	30	MEMORIAL DAY, LAYING OF WREATH OF THE TOMB OF THE AMERICAN REVOLUTIONARY UN KNOWN SOLDIER 12PM (NOON)

#### JUNE 2022

SATURDAY	4	PATRIOTIC ROSARY AT 11:00 AM AT 5998
SATURDAY	18	CORPUS CHRISTI PROCESSION BASILICA AFTER 5PM MASS
TUESDAY	21	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	27	INSTALLATION OF OFFICERS, BUSINESS MEETING AT 7:00 PM ON ZOOM AND IN-PERSON

#### JULY 2022

SATURDAY	2	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	19	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	25	BUSINESS MEETING, 7:00 PM IN-PERSON

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

# Navigator's Log Potomac Assembly # 2204

May 2022, Page 5

## Assembly Faithful Friar - Father David Dufresne

Dear Brothers,

It is said that behind every good man is an even better woman. How true this is of Knights and the Blessed Virgin Mary! In times not too long ago, it was much more common Catholic knowledge that each day and each month was dedicated to a specific devotion. While most of these devotional reminders seems to be forgotten, how can we forget our Mother? We are aware of her in a unique way every Saturday - as is fitting because Saturday leads us to Sunday just like Mary leads us to Jesus. Similarly, May is our Mother's month, which leads to the month of June and the Sacred Heart of Jesus. This is the same Sacred Heart which first started to beat within Mary's virginal womb.

Our devotional life should reflect reality; that Mary leads us to Jesus. When she looks down upon us, she sees Jesus in us. Likewise, when we look upon her daughters we should see Mary in them. We should recognize the great dignity of every woman even if they don't recognize it themselves. We should see their noble calling and their unfathomable destiny to be models and imitators of the Mother of God. Especially as temperatures get warmer in May and people begin to wear less clothing, let us redouble our efforts and our determination to view every person, and especially women, the way God views them. Let us see Mary in every woman. Let us strive to earn the dignity of being seen as Jesus in the world. Indeed, behind every good Knight of Columbus is the Blessed Virgin Mary.

AMDG,

Father David

Parochial Vicar of the  
Basilica of St. Mary  
703-836-4100 ex 3016

Make an appointment:

<https://calendly.com/fatherdufresne/>

# Navigator's Log Potomac Assembly # 2204

May 2022, Page 6

## Faithful Navigator's Comments—Richard Dunbar

Worthy Sir Knights,

The work of the Assembly is team work. Without the assistance of many Sir Knights, we could not accomplish all that we have done so far this year. It is quite gratifying to me to work with so many enthusiastic Sir Knights from the different councils who come together on a regular basis to make our events successful. It is brotherhood in action.

Being part of the Assembly has broadened my perspective on the Knights of Columbus at the grass roots level. That is where the best work of our Order is done. I have had several occasions to visit the councils and to work with their Brothers. I am extremely grateful for individual and collective efforts to support our events. No one can do it alone, but as a team of dedicated Sir Knights, we accomplish a lot. I don't need to review all that we have done so far in the last 10 months. You can go to our website ([assembly2204.org](http://assembly2204.org)) and see for yourself.

While our Color Corps is the visible arm of the Order, many Sir Knights work behind the scenes to accomplish many things. There are many Brothers to thank and I would probably forget one or two of them in trying to identify who you are, but you know what you do. We work in all humility for the good of the Assembly.

Speaking of Color Corps, I am really happy to learn that several Sir Knights are in the process of purchasing the Official Regalia Dress uniform. The \$200 subsidy still applies until the end of June, so if you have been on the fence about getting the new regalia, this should be a good incentive. In return, you will need to attend training and serve in one Color Corps event to qualify for the subsidy.

We have at least 7 candidates for the Fourth Degree exemplification on May 21st. The Color Corps will support the confirmation mass at Ft. Belvoir on May 26th. On Memorial Day, May 30th, we will lay a wreath at the Tomb of the Unknown Soldier of the Revolutionary War in Alexandria; everyone is invited to attend.

Pray for all the mothers in your life.

Rich

Faithful Navigator

[richdunbar1947@gmail.com](mailto:richdunbar1947@gmail.com)

571-216-6012



# Navigator's Log Potomac Assembly # 2204

May 2022, Page 7

---

## Memorial Mass Fort Belvoir Council April 23, 2022

Pictured in the left bottom picture (from left to right) SK Ed Stance, SK PGK Larry Clark, SK PGK Nate Murray, SK FN Rich Dunbar, and SK PGK Maurice Chau. Special thanks to Marlene Beata, and Linda Barrett for taking pictures of the Memorial Mass.



# Navigator's Log Potomac Assembly # 2204

May 2022, Page 8

---

## Memorial Mass Fort Belvoir (continued)





# Navigator's Log Potomac Assembly # 2204

May 2022, Page 9

## Army Museum Trip April 23, 2022





# Navigator's Log Potomac Assembly # 2204

May 2022, Page 10



# Navigator's Log Potomac Assembly # 2204

May 2022, Page 11

---

## Slate of Officer's for Fraternal Year 2022 to 2023

Faithful Navigator	Joe Castillo
Faithful Captain	Joe Graff
Faithful Admiral	Richard Dunbar
Faithful Pilot	Mark Marchione
Faithful Comptroller	Kevin Palgutt
Faithful Purser	Fred Beata
Faithful Scribe	Bill Beach
Faithful Trustees	
3 Year Trustee	Larry Clark
2 Year Trustee	John Dougherty
1 Year Trustee	Nate Murray
Faithful Inner Sentinel	Maurice Chau
Faithful Outer Sentinel	Keenan Pallone
Faithful Color Corps Commander	Ed Stance
Faithful Friar	David Dufresne

# Navigator's Log Potomac Assembly # 2204

May 2022, Page 12

## Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff

SK Freddie Flowers

SK PGK Reyes Guerra

SK Fred Scheuren

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

SK Albertus Van den Bogaard

SK Leo and Tanti McCormick

Hannah Michals

Andy Rogers' dad

State Deputy Mark Janda, and Bishop Emeritus Paul Loverde

For the soul of Amada Siervo De Vera, mother-in-law of SK Fred Beata

Debra Dougherty

Ben Marchione and Paulie Marchione

For the soul of Marianne Coates

## Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we ask you to bless our brother Knights and their relatives who are sick. Give them the strength in body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian community, they may joyfully praise your name, for you live and reign for ever and ever. Amen

**Happy  
Birthday!**

# Navigator's Log Potomac Assembly # 2204

May 2022, Page 13



---

## Birthdays for May 2022

William F. Hixon	May 1
Charles O. Mensah	May 1
Lawrence J. Dietrick	May 4
David R. Holmes	May 9
David A. Bolger	May 13
William A. Johnson	May 13
Agustin Mateo	May 13
Joseph F. Marquart	May 14
J. Lawrence Bona	May 15
Rev. Richard A. Mullins	May 16
Michael R. Trotochaud	May 21
Robert L. White	May 22
Edward J. Cook	May 22
Louis Kobus	May 24
Efrain V. Sanchez	May 24
Clifford J. Conway	May 25
Rev. Thomas P. Ferguson	May 27
James A. Hamby	May 27
Peter F. Lockard	May 27
Tejas Patel	May 27
Leo G. McCormick	May 29
James D. McKissick	May 29

**On behalf of Potomac Assembly # 2204, to those who were born in the Month of May**

***May Your Birthday be Blessed***



# Navigator's Log Potomac Assembly # 2204

May 2022, Page 14

---

## EVENTS AROUND THE COUNCIL TABLE

### 459—Fitzgerald Council:

#### May

- 4—Officers Meeting virtual 7 pm
- 6—Nocturnal Adoration 9 pm-6 am
- 7—Rosary at Duke Street Abortion Provider 9am
- 11—Business Meeting 7pm

#### June

- 1—Officers Meeting virtual 7 pm
- 3—Nocturnal Adoration 9 pm-6 am
- 4—Rosary at Duke Street Abortion Provider 9am
- 8—Business Meeting 7pm

### 5998—Mount Vernon Council -

**(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).**

#### May

- 1—St. Louis Pancake Breakfast 8am
- 5—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 7, 14, 21, 28—Spiritual Reflection 7:30am on Zoom
- 7, 14, 21, 28—Abortion Rosary & prayer 9am-12pm
- 12—Next Fraternal Year Planning Meeting 6pm
- 14—Youth Appreciation for SL/GS at GS 6pm
- 15—Good Shepherd Pancake Breakfast 7am
- KOVAR / Fundraising Dinner 4pm
- 24—Fraternal Benefits Spaghetti Dinner 7pm

#### June

- 2—Officer's Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 4, 11, 18, 25—Spiritual Reflection 7:30am on Zoom
- 4, 11, 18, 25—Abortion Rosary & prayer 9am-12pm
- 5—St. Louis Pancake Breakfast 8am
- 7—District Deputy Meeting 6:30pm Lounge
- 11—Ladies' Monthly Luncheon 12:30pm
- 18—Council & Corporation Appreciation Dinner 6pm
- 15—
- 21—Fairfax County Primary Elections—All Day
- 21—Council Officer Installation 7pm

### 11170—Fort Belvoir Council:

#### May

- 10—Warriors to Lourdes sendoff
- 12—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 13—Marian Prayer Service
- 21-22—Stuff a Truck (St. Lucy's)
- 26—Confirmation Mass 7pm
- 27—Patriotic Rosary

#### June

- 9—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 11—Family Mini Golf or Picnic
- 18-19—KOVAR Collection
- 23—Officers Meeting (Virtual) 7pm