



Navigator's Log



**Potomac Assembly # 2204
Comprised of Knights of Columbus Councils
459 Fitzgerald
5998 Mount Vernon, and
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,
Good Shepherd, and Fort Belvoir Catholic Parishes**

August 2022



Wreath at Alexandria National Cemetery on July 4, 2022, see page 7.

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Potomac Assembly Directory

Navigator

SK PGK Joe Castillo, jc305@evansville.edu, 219 880-6889

Trustee 1 Year

SK PGK PFN Nate Murray, nmurraysr@aol.com, 703-863-5202

Friar

Vacant

Trustee 2 Year

SK PGK John Dougherty, john.dougherty@cox.net,
571 228-9567

Captain

SK PGK Joe Graf, jggraf@outlook.com, 703 473-0372

Trustee 3 Year

SK PGK PFN Larry Clark, hlclark63@gmail.com,
202 494-4761

Admiral

SK PGK Richard Dunbar, richdunbar1947@gmail.com, 571 216-6012

Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

Pilot

SK Mark Marchione, marchionemark@gmail.com, 707 364-6006

Scribe

SK DD PGK William Beach, wbeachkofc459@gmail.com, 571 527-7772

Purser

SK 2PGK PFN Fred Beata, fred2pgk@gmail.com, 571 249-0955

Inner Sentinel

SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185

Outer Sentinel

SK Keenan Pallone, keenanMatthewPallone@gmail.com,

Fourth Degree Website

assembly2204.org

SK PGK Steve Teslik, steslik@e2steve.com

Color Corps Commander

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

Navigator's Log Editor, SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert, SK 2PGK PFN Buck Coates, SK Nathan Forrester.

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UPCOMING EVENTS

AUGUST 2022

SATURDAY	6	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	16	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	22	PAST FAITHFUL NAVIGATOR DINNER, 7:00 PM AT EL PASO ON COOPER ROAD

SEPTEMBER 2022

SATURDAY	3	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	6	FATHER CAPODANNO MEMORIAL MASS 6:30PM AT BASILICA OF THE NATIONAL SHRINE OF THE IMMACULATE CONCEPTION
TUESDAY	20	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	26	BUSINESS MEETING, 7:00 PM IN-PERSON

OCTOBER 2022

SATURDAY	1	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	18	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	24	BUSINESS MEETING, 7:00 PM IN-PERSON

C

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

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Assembly Faithful Friar - Vacant

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Faithful Navigator's Comments—Joe Castillo

My Dear Brothers,

What a great start to the year!

We had 40 Sir Knights attend our Color Corps training, nine of whom were from Potomac Assembly 2204. A big thank you to the Basilica School of St. Mary for hosting, Phil Kennedy who performed the training, Maurice Chau and Colin Delgado for coffee and donuts, and our Color Corps Commander for performing logistics for training. I want to report to you now, that we will continue to place in the budget the \$200 subsidy to help you to purchase the new uniform. However, I would like to up that to \$300 to help even further in these economic times of record high inflation and high gas prices. Please stay tuned.

The last Wednesday of July we had our "Guys night out" at 219 Cigar Lounge on King St. Old Town Alexandria. Six Brothers attended, all from different Councils, all from different ages (20s, 30s, 40s and older) all contributing to cheerful conversation.

This August, please remember there is no Business Meeting.

Instead, we are all going to meet at El Paso Mexican Restaurant (8746 Cooper Rd . Alexandria VA) to honor immediate Past Faithful Navigator Richard Dunbar on Monday, August 22, 2022. Stay tuned for electronic sign-up.

Brothers there is something I would like you to reflect on:

Patriotism. The definition is: love for or devotion to one's country. A patriot is a person who loves, supports, and defends his or her country and its interests with devotion.

We were given the gift of our country. All gifts come from our Creator.

Take some time to consider your many blessings, both personally and collectively (this can collectively be with your family, your Council, our Assembly, your Parish, our Nation etc.).

When we recognize our blessings, we discover what we have available to make things good and leave behind better.

I for one, as your Faithful Navigator, feel blessed to have an Assembly with so much spirit and enthusiasm.

God Bless You,

Joe Castillo

Faithful Navigator

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Color Guard Training July 23, 2022 at Basilica School of St. Mary

District Marshal Phil Kennedy leads the instructions. Pictures are from SK PGK Steve Teslik, thank you.



The Official Regalia Dress (ORD) - Blue Blazer, tie, plain collar white shirt, and gray pants.

The Beret, Service Baldric, gloves, and the Color Corps Drill Manual.



Attendees being drilled on proper use of the sword and in making turns.



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July 4, 2022 Wreath Laying at Alexandria National Cemetery

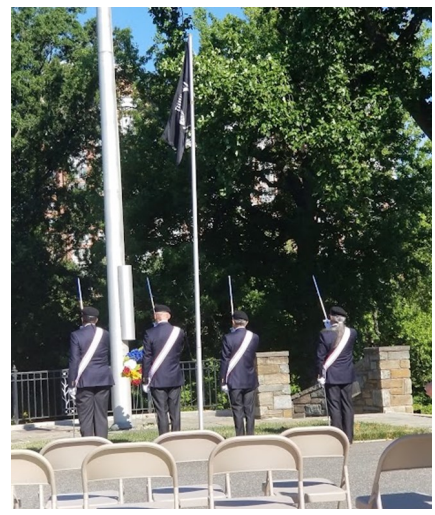


Left picture left to right, SK Paul Kayanan, SK DD PGK PFN Fred Beata (District 13), SK John Saikowski.



Left picture left to right SK CCC PGK PFN Ed Stance, SK DD PGK PFN Fred Beata (District 13), SK John Saikowski, and SK Paul Kayanan,

Pictures are from SK PGK Steve Teslik.



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Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff

SK Freddie Flowers

SK PGK Reyes Guerra

SK Fred Scheuren

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

SK Albertus Van den Bogaard

SK Leo and Tanti McCormick

Hannah Michals

Andy Rogers' dad

State Deputy Mark Janda, and Bishop Emeritus Paul Loverde

SK Jim McCracken

For the soul of Amada Siervo De Vera, mother-in-law of SK Fred Beata

Debra Dougherty

Ben Marchione and Paulie Marchione

For the soul of Marianne Coates

Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we ask you to bless our brother Knights and their relatives who are sick. Give them the strength in body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian community, they may joyfully praise your name, for you live and reign for ever and ever. Amen

**Happy
Birthday!**

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Birthdays for August 2022

Antonio Benedi	August 5
Rev. Gary R. Studniewski	August 5
Johannes T. Gaven	August 6
Christopher L. Robertson	August 6
Edward S. Jones	August 9
Hector B. Lozada-Principe	August 10
Randal J. Schlosser	August 10
Alfred A. Flowers Sr	August 15
John R. Dougherty	August 16
John E. Millikin	August 24
Edward L. Dzanis	August 26
Aaron L. Rein	August 27
John J. Daly	August 28
Christopher M. Reintjes	August 30

On behalf of Potomac Assembly # 2204, to those who were born in the Month of August

May Your Birthday be Blessed

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EVENTS AROUND THE COUNCIL TABLE

459—Fitzgerald Council:

August

- 3—Officers Meeting virtual 7 pm
- 5—Nocturnal Adoration 9 pm-6 am
- 6—Rosary at Duke Street Abortion Provider 9am
- 10—Business Meeting 7pm

September

- 2—Nocturnal Adoration 9 pm-6 am
- 3—Rosary at Duke Street Abortion Provider 9am
- 7—Officers Meeting virtual 7 pm
- 14—Business Meeting 7pm

5998—Mount Vernon Council -

**(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).
For the details below, GS is Good Shepherd Catholic Church.**

August

- 4—Officer's Mtg 6:30, Rosary 7:30, Mbship Mtg 8pm
- 6, 13, 20, 27—Spiritual Reflection 7:30am on Zoom
- 6, 13, 20, 27—Abortion Rosary & prayer 9am-12pm
- 13—Ladies' Monthly Luncheon 12:30pm
- 18—State Combined Degree Exemplification 7pm
- 21—Good Shepherd Pancake Breakfast 7am

September

- 1—Officer's Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 3, 10, 17, 24—Spiritual Reflection 7:30am on Zoom
- 3, 10, 17, 24—Abortion Rosary & prayer 9am-12pm
- 5—GS International Festival — Bingo, Soccer Challenge
- 11—St. Louis Pancake Breakfast 8am
- 18—Good Shepherd Pancake Breakfast 7am

11170—Fort Belvoir Council:

August

- 1—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 25—Officers Meeting (Virtual) 7pm

September

- 5—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 22—Officers Meeting (Virtual) 7pm