



Navigator's Log



Potomac Assembly # 2204
Comprised of Knights of Columbus Councils
459 Fitzgerald
5998 Mount Vernon, and
11170 Fort Belvoir

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,
Good Shepherd, and Fort Belvoir Catholic Parishes**

September 2022



Past Faithful Navigator Dinner, see pages 7-8.

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Potomac Assembly Directory

Navigator

SK PGK Joe Castillo, jc305@evansville.edu, 219 880-6889

Trustee 1 Year

SK PGK PFN Nate Murray, nmurraysr@aol.com, 703-863-5202

Friar

Vacant

Trustee 2 Year

SK PGK John Dougherty, john.dougherty@cox.net,
571 228-9567

Captain

SK PGK Joe Graf, jggraf@outlook.com, 703 473-0372

Trustee 3 Year

SK PGK PFN Larry Clark, hlclark63@gmail.com,
202 494-4761

Admiral

SK PGK Richard Dunbar, richdunbar1947@gmail.com, 571 216-6012

Comptroller

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Pilot

SK Mark Marchione, marchionemark@gmail.com, 707 364-6006

Scribe

SK DD PGK William Beach, wbeachkofc459@gmail.com, 571 527-7772

Purser

SK 2PGK PFN Fred Beata, fred2pgk@gmail.com, 571 249-0955

Inner Sentinel

SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185

Outer Sentinel

SK Keenan Pallone, keenanMatthewPallone@gmail.com,

Fourth Degree Website

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SK PGK Steve Teslik, steslik@e2steve.com

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SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

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UPCOMING EVENTS

SEPTEMBER 2022

SATURDAY	3	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	6	FATHER CAPODANNO MEMORIAL MASS 6:30PM AT BASILICA OF THE NATIONAL SHRINE OF THE IMMACULATE CONCEPTION
TUESDAY	20	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	26	BUSINESS MEETING, 7:00 PM IN-PERSON

OCTOBER 2022

SATURDAY	1	PATRIOTIC ROSARY AT 11:00 AM AT GOOD SHEPHERD
TUESDAY	18	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	24	BUSINESS MEETING, 7:00 PM IN-PERSON

NOVEMBER 2022

SATURDAY	5	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	15	OFFICERS MEETING AT 7:00 PM ON ZOOM
SATURDAY	19	LAYING OF WREATH AT TOMB OF UNKNOWN AT ARLINGTON NATIONAL CEMETERY
MONDAY	28	BUSINESS MEETING, 7:00 PM IN-PERSON

C

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

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Assembly Faithful Friar - Vacant

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Faithful Navigator's Comments—Joe Castillo

Dear Brother Sir Knights,

I write this message on September 8th the feast day of the birth of the Virgin Mary, Queen of Heaven, and Earth, and the day that a very iconic figure, Queen Elizabeth II of the United Kingdom passed away.

What can a Knight learn from two Queens?

Certainly, we can learn that a life spent of duty to God and Country is a life worth living. It is also a life that is not always easy and has its challenges. However, we can rest assured that it is a calling from God, and God will always provide enough grace and courage to live it out, if we simply ask him.

Do we ask God for help? Do we offer enough humility to get on our knees, fold our hands and ask the Almighty, "Please, help me."

Make it a habit, every day, to see to it that you are aware of your duty to God and Country, and make it a habit that you will practice the virtue of humility and ask God for help.

We pray for the repose of the souls of all those who are departed from this world. God, grant them rest and peace.

Blessed Father McGivney, Pray for us.

Fraternally,

Joe Castillo
Faithful Navigator
Potomac Assembly 2204

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Past Faithful Navigator Dinner August 22, 2022 at El Paso Restaurant

Pictures are from SK PGK Steve Teslik, thank you.



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Past Faithful Navigator Dinner August 22, 2022 at El Paso Restaurant (continued)



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Father McGivney Mass August 13, 2022



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Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff

SK Freddie Flowers

SK PGK Reyes Guerra

SK Fred Scheuren

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

SK Albertus Van den Bogaard

SK Leo and Tanti McCormick

Hannah Michals

Andy Rogers' dad

State Deputy Mark Janda, and Bishop Emeritus Paul Loverde

SK Jim McCracken

For the soul of Amada Siervo De Vera, mother-in-law of SK Fred Beata

Debra Dougherty

Ben Marchione and Paulie Marchione

For the soul of Marianne Coates

For the soul of SK Bruno Bottcher

Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we ask you to bless our brother Knights

and their relatives who are sick. Give them the strength in body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian community, they may joyfully praise your name, for you live and reign for ever and ever. Amen

**Happy
Birthday!**

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Birthdays for September 2022

Daniel R. Clark	September 1
Rev. Gary R. Studniewski	September 3
Johannes T. Gaven	September 5
Christopher L. Robertson	September 6
Edward S. Jones	September 6
Hector B. Lozada-Principe	September 10
Randal J. Schlosser	September 10
Larry Clark	September 11
John R. Dougherty	September 11
Alfred A. Flowers Sr	September 11
John E. Millikin	September 11
Edward L. Dzanis	September 26
Aaron L. Rein	September 27
John J. Daly	September 28
Christopher M. Reintjes	September 30

On behalf of Potomac Assembly # 2204, to those who were born in the Month of September

May Your Birthday be Blessed

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EVENTS AROUND THE COUNCIL TABLE

459—Fitzgerald Council:

September

- 2—Nocturnal Adoration 9 pm-6 am
- 3—Rosary at Duke Street Abortion Provider 9am
- 7—Officers Meeting virtual 7 pm
- 14—Business Meeting 7pm

October

- 1—Rosary at Duke Street Abortion Provider 9am
- 5—Officers Meeting virtual 7 pm
- 7—Nocturnal Adoration 9 pm-6 am
- 12—Business Meeting 7pm

5998—Mount Vernon Council -

**(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).
For the details below, GS is Good Shepherd Catholic Church.**

September

- 1—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 3, 10, 17, 24—Spiritual Reflection 7:30am on Zoom
- 3, 10, 17, 24—Abortion Rosary & prayer 9am-12pm
- 5—GS International Festival-Bingo, Soccer Challenge
- 10—54-Day Novena for Life-Suicide Prev Day 12:30pm
- 10—St. Louis Pancake Breakfast 8am
- 11—St. Louis Pancake Breakfast 8am
- 18—Good Shepherd Pancake Breakfast 7am
- 24—Paella Dinner—Fundraiser 7pm

October

- 1, 8, 15, 22, 29—Spiritual Reflection 7:30am on Zoom
- 1, 8, 15, 22, 29—Abortion Rosary & prayer 9am-12pm
- 6—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 8—Ladies' Monthly Luncheon 12:30pm
- 9—St. Louis Pancake Breakfast 8am
- 10—Columbus Day—Youth Dodgeball/Soccer 10am
- 15—Social—Oktoberfest 3pm—8pm
- 16—Good Shepherd Pancake Breakfast 7am
- 29—Halloween Children's Party 2pm

11170—Fort Belvoir Council:

September

- 5—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 22—Officers Meeting (Virtual) 7pm

October

- 3—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 27—Officers Meeting (Virtual) 7pm