



# Navigator's Log



**Potomac Assembly # 2204  
Comprised of Knights of Columbus Councils  
459 Fitzgerald  
5998 Mount Vernon, and  
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,  
Good Shepherd, and Fort Belvoir Catholic Parishes**

**May 2023**



Award Winning Honor/Color Guard at GW Parade 2023, see pages 7-8.

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## Potomac Assembly Directory

### Navigator

SK PGK Joe Castillo, joe459knights@gmail.com,  
219 880-6889

### Trustee 1 Year

SK PGK PFN Nate Murray, nmurraysr@aol.com, 703-863-5202

### Friar

Father Gregory Thompson, fr.thompson@saintlouisparish.org  
703 768-4421

### Trustee 2 Year

SK PGK John Dougherty, john.dougherty@cox.net,  
571 228-9567

### Captain

SK PGK Joe Graf, jggraf@outlook.com, 703 473-0372

### Trustee 3 Year

SK PGK PFN Larry Clark, hlclark63@gmail.com,  
202 494-4761

### Admiral

SK PGK Richard Dunbar, richdunbar1947@gmail.com, 571 216-6012

### Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

### Pilot

SK PGK PFN Mark Marchione, marchionemark@gmail.com, 707 364-6006

### Scribe

SK DD PGK William Beach, wbeachkofc459@gmail.com, 571 527-7772

### Purser

SK 2PGK PFN Fred Beata, fred2pgk@gmail.com, 571 249-0955

### Inner Sentinel

SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185

### Outer Sentinel

SK Keenan Pallone, keenanMatthewPallone@gmail.com,

### Fourth Degree Website

assembly2204.org

SK PGK Steve Teslik, steslik@e2steve.com

### Color Corps Commander

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

**Navigator's Log Editor**, SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert, SK 2PGK PFN Buck Coates, SK Nathan Forrester.

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### UPCOMING EVENTS

#### MAY 2023

SATURDAY	6	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	9	WARRIOR TO LOURDES FROM FT. BELVOIR TO DULLES AIRPORT
TUESDAY	16	OFFICERS MEETING AT 7:00 PM ON ZOOM
SATURDAY	20	EXEMPLIFICATION AT SAINT ELIAS MARONITE CATHOLIC CHURCH (4730 COVE ROAD), ROANOKE, VIRGINIA (24017), 12PM
MONDAY	22	BUSINESS MEETING, 7:00 PM IN-PERSON AT 5998
THURSDAY	25	CIGAR SOCIAL AT CXIII REX, OLD TOWN 7PM
SATURDAY	27	ANNUAL POSTING OF FLAGS AT ALEXANDRIA NATIONAL CEMETERY 9:30AM (1450 WILKES STREET, ALEX., VA)
MONDAY	29	LAYING OF WREATH AT TOMB OF UNKNOW SOLDIER FROM REVOLUTION WAR 12 NOON OLD PRESBYTERIAN MEETING HOUSE
TUESDAY	30	SOCIAL AT JOE THEISMANN RESTAURANT (1800 DIAGONAL ROAD, SUITE A, ALEX., VA) 7PM

#### JUNE 2023

SATURDAY	3	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND VIRTUALLY ON ZOOM
SATURDAY	3	ANNUAL PICKUP OF FLAGS AT ALEXANDRIA NATIONAL CEMETERY 9:30AM
TUESDAY	20	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	26	BUSINESS MEETING, 7:00 PM IN-PERSON AT 5998

#### JULY 2023

SATURDAY	1	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	18	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	24	INSTALLATION OF OFFICERS, SHORT BUSINESS MEETING, 7:00 PM IN-PERSON AT 5998 FOLLOWED BY SOCIAL

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

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Assembly Faithful Friar - Father Gregory Thompson

May 14, 2023 is Mothers Day. Happy Mothers Day!

Father Gregory Thompson

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## Faithful Navigator's Comments—Joe Castillo

Dear Brother Sir Knights,

What a great past couple of months we have had.

Our Assembly was recognized by the Department of Defense as a Vietnam War Commemoration Commemorative Partner and we took FIRST PLACE in the George Washington Parade in the "Honor Guards - Color Guards" category.

We have had some good times over cigars and had a great time in the annual St. Patrick's Day Parade.

Just a friendly reminder, we are in the month of May, so that means Memorial Day will soon be upon us. We will have our annual wreath laying ceremony at the Tomb of the Unknown Revolutionary War Soldier on Memorial Day, Monday, May 29, 2023 at 12:00pm at the Old Presbyterian Meeting House (next to the Basilica of St. Mary). Reception to follow at the Basilica Lyceum.

During this month of May take some time to honor our Mother Mary, praying her Rosary, pray for our country, pray for our military, emergency personal and our priests and religious.

During this month, I challenge you, to make a pilgrimage to the Basilica Shrine of the Immaculate Conception. That place is very special to the Knights of Columbus. Last time I was there I walked around the building praying the Rosary in my KofC shirt and was constantly recognized by Brother Knights. If you can't make it there --- we also have the Basilica of St. Mary in Old Town or perhaps visit a local Mary statue or quiet place to pray.

God Bless You,  
Joe Castillo  
Faithful Navigator  
Potomac Assembly 2204



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## Honor Guard Wins First Place for Honor Guard and Color Guard at the George Washington Parade 2023

This is quite an honor as we last won in 2007. Below are pictures from that event on February 20, 2023. There were 14 participants in our group. All pictures are by SK Steve Teslik (first and third picture) and Richard Hayden (second and fourth picture).



From Left to right.

First Row: Faithful Navigator Joe Castillo, not sure name of 2nd SK, Emmett O'Hare, Paul Kayanan (flag bearer), Maurice Chau, Lou Sheffield, and Ed Stance (Color Corps. Commander).

Second Row: Ray Moore, Gaston Reboredo (Banner Bearer for 459, and Frank Obidike. Pictures of 3rd & 4th row on next page.

Third Row are two motorcyclists; Nate Madden from Council 10008, St. Cyprian, Washington, D.C., and Mark Machione. Fourth Row in the 1931 Ford Model A are John Dougherty (driver), and Joe Graf (passenger).



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## Award Winning Honor Guard/Color Guard at GW Parade (continued)



Pictured Left to right: Nate Madden from Council 10008, St. Cyprian, Washington, D.C., and Mark Machione.



Picture above, 1931 Ford Model A with John Dougherty driving, Joe Graf, front passenger, and Frank Obidike, rear passenger.



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## Department of Defense Recognizes Potomac Assembly

As a Vietnam War Commemorative Partner in thanking and honoring our Vietnam War Veterans.



### Proposed Slate of Officers for the Next Fraternal Year

#### Nominees

Navigator	Joe Graf	Comptroller	Kevin Palgutt
Admiral	Cliff Conway	Purser	Fred Beata
Captain	Mark Marchione	Inner Sentinel	Maurice Chau
Pilot	Bill Beach	Outer Sentinel	Keenan Pallone
Scribe	Robert K. Reynolds	Trustee 3 Yr	Rich Dunbar

#### Continuing Term of Office

Trustee 2 Yr	Larry Clark
Trustee 1 Yr	John Dougherty

#### Appointed

Color Corps. Commander	Ed Stance
Friar	Fr. Gregory Thompson

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## Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff

SK Freddie Flowers

SK PGK Reyes Guerra

SK Fritz Scheuren

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

SK Albertus Van den Bogaard

SK Leo and Tanti McCormick

Hannah Michals

Andy Rogers' dad

State Deputy Mark Janda, and Bishop Emeritus Paul Loverde

SK Jim McCracken

For the soul of Amada Siervo De Vera, mother-in-law of SK Fred Beata

Debra Dougherty

Ben Marchione and Paulie Marchione

For the soul of Marianne Coates

For the soul of SK Bruno Bottcher

## Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we ask you to bless our brother Knights

and their relatives who are sick. Give them the strength in body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian community, they may joyfully praise your name, for you live and reign for ever and ever. Amen

**Happy  
Birthday!**

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## Birthdays for May 2023

William F. Hixon	May 1
Charles O. Mensah	May 1
Lawrence J. Dietrick	May 4
David R. Holmes	May 9
David A. Bolger	May 13
William A. Johnson	May 13
Agustin Mateo	May 13
Joesph F. Marquart	May 14
J. Lawrence Bona	May 15
Rev. Richard A. Mullins	May 16
Michael R. Trotochaud	May 21
Robert L. White	May 21
Edward J. Cook	May 22
Louis Kobus	May 24
Efrain V. Sanchez	May 24
Clifford J. Conway	May 25
Rev. Thomas P. Ferguson	May 27
James A. Hamby	May 27
Peter F. Lockard	May 27
Tejas Patel	May 27
Leo G. McCormick	May 29
James D. McKissick	May 29

**On behalf of Potomac Assembly # 2204, to those who were born in the Month of May**

***May Your Birthday be Blessed***

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## EVENTS AROUND THE COUNCIL TABLE

### 459—Fitzgerald Council:

#### May

- 3—Officers Meeting virtual 7 pm
- 5—Nocturnal Adoration 9 pm-6 am
- 6—Rosary at Duke Street Abortion Provider 9am
- 10—Business Meeting 7pm

#### June

- 2—Nocturnal Adoration 9 pm-6 am
- 3—Rosary at Duke Street Abortion Provider 9am
- 7—Officers Meeting virtual 7 pm
- 14—Business Meeting 7pm

### 5998—Mount Vernon Council -

**(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).  
For the details below, GS is Good Shepherd Catholic Church.**

#### May

- 4—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 6, 13, 20, 27—Abortion Rosary & prayer 8am-12pm
- 6—Patriotic Rosary 11:00am
- 13—Ladies' Monthly Luncheon 12:30pm
- 14—St. Louis Pancake Breakfast 8am
- 14—Mother's Day Flowers GS 8am
- 21—Good Shepherd Pancake Breakfast 7am
- 21—Baby Shower 2pm

#### June

- 1—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 3, 10, 17, 24—Abortion Rosary & prayer 8am-12pm
- 3—Patriotic Rosary 11:00am
- 10—Ladies' Monthly Luncheon 12:30pm
- 10—Council & Corporation Appreciation Dinner 6pm
- 11—St. Louis Pancake Breakfast 8am
- 20—Fairfax County Elections Polling Location 6am to 9pm

### 11170—Fort Belvoir Council:

#### May

- 1—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 9—Warrior's to Lourdes, fm Ft. Belvoir to Dulles AP
- 12/13—A Stuff the Truck event
- 20—Men's Retreat at JPII Center
- 25—Officers Meeting (Virtual) 7pm

#### June

- 5—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 22—Officers Meeting (Virtual) 7pm