



Navigator's Log



**Potomac Assembly # 2204
Comprised of Knights of Columbus Councils
459 Fitzgerald
5998 Mount Vernon, and
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,
Good Shepherd, and Fort Belvoir Catholic Parishes**

July 2023



Induction of New Assembly Officers June 26, 2023, see pages 6-8.

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Potomac Assembly Directory

Navigator

SK PGK Joe Graf, jggraf@outlook.com, 703 473-0372

Trustee 1 Year

SK PGK John Dougherty, john.dougherty@cox.net,
571 228-9567

Friar

Father Gregory Thompson, fr.thompson@saintlouisparish.org
703 768-4421

Trustee 2 Year

SK PGK PFN Larry Clark, hlclark63@gmail.com,
202 494-4761

Captain

SK PGK PFN Mark Marchione, marchionemark@gmail.com,
707 364-6006

Trustee 3 Year

SK PGK Richard Dunbar, richdunbar1947@gmail.com, ,
571 216-6012

Admiral

SK PGK PFN Clifford Conway, cliff@vhsign.com, 202 438-6280

Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

Pilot

SK DD PGK William Beach, wbeachkofc459@gmail.com, 571 527-7772

Scribe

SK PGK Rob Reynolds, therobreynolds@gmail.com, 703 626-6379

Purser

SK 2PGK PFN Fred Beata, fred2pgk@gmail.com, 571 249-0955

Inner Sentinel

SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185

Outer Sentinel

SK Keenan Pallone, keenan.pallone.kofc@gmail.com,

Fourth Degree Website

assembly2204.org

SK PGK Steve Teslik, steslik@e2steve.com

Color Corps Commander

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

Navigator's Log Editor, SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert, SK 2PGK PFN Buck Coates

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UPCOMING EVENTS

JULY 2023

SATURDAY	1	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	18	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	24	BUSINESS MEETING, 7:00 PM IN-PERSON AT 5998

AUGUST 2023

SATURDAY	5	PATRIOTIC ROSARY AT 11:00 AM AT 5998
TUESDAY	16	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	28	ASSEMBLY MEETING/ PFN DINNER AT EL PASO RESTAURANT, 7:00 PM

SEPTEMBER 2023

SATURDAY	2	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND VIRTUALLY ON ZOOM
TUESDAY	19	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	25	BUSINESS MEETING, 7:00 PM IN-PERSON AT 5998
SATURDAY	30	FOURTH DEGREE EXEMPLIFICATION NEWPORT NEWS, VA AT 12:00 PM

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

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Faithful Navigator's Comments—Joe Graf

Worthy Sir Knights,

I sincerely hope that you are enjoying your summer activities and hopefully taking what I imagine is a much-needed break to enjoy the nice weather with family and friends!

First, I want to thank my fellow Sir Knights for entrusting me and our new officers with the very important and very significant responsibility of leading our Assembly during the next 12 months. We are one of the largest and most respected Assemblies in the Commonwealth of Virginia and that in and of itself raises the bar and expectations to live up to as we progress through the coming year. I think we are up to the challenge, and I look forward to it!

Secondly, I want to thank PFN Joe Castillo for his tremendous efforts and leadership over the past 12 months. I look forward to building upon what he and the other Past Faithful Navigators have accomplished as we move forward together exemplifying the Fourth Degree's principle of Patriotism while supporting the Knights of Columbus, our parishes, and our community.

Looking ahead, I want to highlight a couple of key events for your planning and/or support:

Monday, August 21 Past Faithful Navigator Dinner at 7 PM

Details forthcoming but save the date as we honor PFN Joe Castillo

Saturday, September 30 Fourth Degree Exemplification in Newport News, VA

Pass this along to any Knights in your Council that want to become Sir Knights. Currently, the spring exemplification will NOT be in NOVA so this will be the best opportunity to have our Brother Knights join our Assembly as Worthy Sir Knights.

I would be remiss if I didn't highlight the upcoming observance of our Nation's Independence Day on July 4th. Patriotism is one of the four core principles of the Knights of Columbus, based on the idea that Knights are loyal to both God and country and believe in standing up for both. Whether it's in public or private, the Knights remind the world that Catholics support their nation and are amongst the greatest citizens. We are the men who have chosen to embrace the Order's fourth principle of patriotism, the men who lead the efforts to reach out to veterans and active military and to embody the fact that one can be a faithful Catholic and also be a faithful citizen. As we enjoy a well-deserved holiday with family and friends, let's also reflect on that principle, what it means, and how we can effectively live our lives the other 364 days of the year as Catholic Gentlemen, Sir Knights and Patriots of our great nation. We can and ... we should.

There is plenty more information to pass along. The best resource for information on Assembly activities and opportunities is our website at www.assembly2204.org. I encourage you to look at the information there and if it doesn't have what you need, please let me know.

Again, I greatly appreciate the faith and trust that my fellow Sir Knight have given me and the fellow officers of our Assembly for 2023-2024. We look forward to the challenges and opportunities that come with that as we proceed through the coming year. Thank you!

Vivat Jesus!

Joe Graf

Faithful Navigator, Potomac Assembly 2204

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Induction of New Assembly Officers June 26, 2023

All pictures are by SK Steve Teslik.



Left to right. Bill Beach (Pilot), Kevin Pulgutt (Comptroller), Ray Moore substitute for Keenan Pallone (Outer Sentinel), DD 13 Fred Beata (Purser), Master Guillermo Giandoni, Mark Marchione (Captain), Faithful Navigator Joe Graf, Cliff Conway (Admiral), Larry Clark (Trustee 2 Year), John Dougherty (Trustee 1 Year), Richard Dunbar (Trustee 3 Year), Maurice Chau (Inner Sentinel), Ed Stance (Color Corps. Commander), Rob Reynolds (Scribe).



Past Faithful Navigator Joe Castillo



New Faithful Navigator Joe Graf

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Induction of New Assembly Officers June 26, 2023 (continued)



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Induction of New Assembly Officers June 26, 2023 (continued)

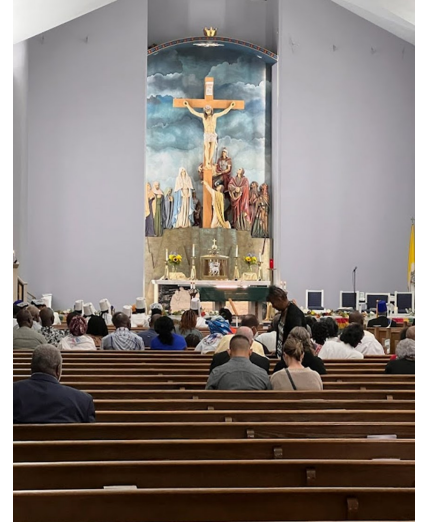


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Cardinal Gregory's Mass at Mt. Calvary church in Maryland on June 19, 2023

O what a day, meeting Cardinal Wilson Gregory. He was kind enough to let me (SK Nate Murray) present him with a special plaque, 2 pillows, and a king size quilt which he gave away by picking the winners at the end of Mass from the Altar. Each Parishioner who attended the 10:30 Mass was given a free raffle ticket. He then signed the plaque for the Peter Claver Assembly archives.. First time to see a marvelous background altar. This is at Mt. Calvary church in Maryland. The picture was taken after all the lights were turned off.



This is a '3D' Altar

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Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff

SK Freddie Flowers

SK PGK Reyes Guerra

SK Fritz Scheuren

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

SK Albertus Van den Bogaard

SK Leo and Tanti McCormick

Hannah Michals

Andy Rogers' dad

State Deputy Mark Janda, and Bishop Emeritus Paul Loverde

SK Jim McCracken

For the soul of Amada Siervo De Vera, mother-in-law of SK Fred Beata

Debra Dougherty

Ben Marchione and Paulie Marchione

For the soul of Marianne Coates

For the soul of Patricia Saikowski

Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we ask you to bless our brother Knights

and their relatives who are sick. Give them the strength in body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian community, they may joyfully praise your name, for you live and reign for ever and ever. Amen

**Happy
Birthday!**

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Birthdays for July 2023

Michael J. Guignard	July 1
Keith W. Kettell	July 2
John Mudd	July 2
Albert A. Anderson	July 3
Mark E. Lundquist	July 3
Linwood E. Lawton	July 7
Joseph P. Castillo	July 12
David J. Kramer	July 13
Robert J. Drapelia	July 14
Michael P. Argo	July 15
Emmet O'Hare	July 15
John A. O'Brien	July 16
Stephen J. Niezgodra	July 17
Stewart E. Reed	July 18
Reyes Guerra	July 19
Marvin E. Spychaj	July 19
Jason A. Wesbrock	July 20
Joel J. Re	July 24
Daniel L. James	July 26
David A. Lewis	July 26

On behalf of Potomac Assembly # 2204, to those who were born in the Month of July

May Your Birthday be Blessed

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EVENTS AROUND THE COUNCIL TABLE

459—Fitzgerald Council:

July

1—Rosary at Duke Street Abortion Provider 9am
5—Officers Meeting virtual 7 pm
7—Nocturnal Adoration 9 pm-6 am
12—Business Meeting 7pm

August

2—Officers Meeting virtual 7 pm
4—Nocturnal Adoration 9 pm-6 am
5—Rosary at Duke Street Abortion Provider 9am
9—Business Meeting 7pm

5998—Mount Vernon Council -

(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).

For the details below, GS is Good Shepherd Catholic Church.

July

1, 8, 15, 22, 29—Abortion Rosary & prayer 8am-12pm
6—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
20—Is He Worthy? Pot Luck 7pm

August

3—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
5, 12, 19, 26—Abortion Rosary & prayer 8am-12pm
20—Good Shepherd Pancake Breakfast 7am

11170—Fort Belvoir Council:

July

3—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
27—Officers Meeting (Virtual) 7pm

August

7—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
24—Officers Meeting (Virtual) 7pm