



Navigator's Log



**Potomac Assembly # 2204
Comprised of Knights of Columbus Councils
459 Fitzgerald
5998 Mount Vernon, and
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,
Good Shepherd, and Fort Belvoir Catholic Parishes**

August 2023



Wreath Laying at Alexandria National Cemetery, July 4, 2023, see pages 6-8.

Navigator's Log Potomac Assembly # 2204

August 2023, Page 2

Table of Contents

Page 2	Table of Contents
Page 3	Potomac Assembly Directory
Page 4	August, September, and October Upcoming Events
Page 5	Faithful Navigator's Article
Page 6-8	Wreath Laying at Alexandria National Cemetery
Page 9	Prayer List, Prayer for the Sick
Page 10	August Birthdays
Page 11	Around the Councils—Upcoming Council Events

Navigator's Log Potomac Assembly # 2204

August 2023, Page 3

Potomac Assembly Directory

Navigator

SK PGK Joe Graf, jggraf@outlook.com, 703 473-0372

Trustee 1 Year

SK PGK John Dougherty, john.dougherty@cox.net,
571 228-9567

Friar

Father Gregory Thompson, fr.thompson@saintlouisparish.org
703 768-4421

Trustee 2 Year

SK PGK PFN Larry Clark, hlclark63@gmail.com,
202 494-4761

Captain

SK PGK PFN Mark Marchione, marchionemark@gmail.com, 707 364-6006

Trustee 3 Year

SK PGK Richard Dunbar, richdunbar1947@gmail.com, ,
571 216-6012

Admiral

SK PGK PFN Clifford Conway, cliff@vhsign.com, 202 438-6280

Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

Pilot

SK DD PGK William Beach, wbeachkofc459@gmail.com, 571 527-7772

Scribe

SK PGK Rob Reynolds, therobreynolds@gmail.com, 703 626-6379

Purser

SK 2PGK PFN Fred Beata, fred2pgk@gmail.com, 571 249-0955

Inner Sentinel

SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185

Outer Sentinel

SK Keenan Pallone, keenan.pallone.kofc@gmail.com,

Fourth Degree Website

assembly2204.org

SK PGK Steve Teslik, steslik@e2steve.com

Color Corps Commander

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

Navigator's Log Editor, SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert, SK 2PGK PFN Buck Coates

Navigator's Log Potomac Assembly # 2204

August 2023, Page 4

UPCOMING EVENTS

AUGUST 2023

SATURDAY	5	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND VIRTUALLY ON ZOOM
SATURDAY	12	BLESSED FATHER MCGIVENY MASS AT WOODLAWN CHAPEL, FORT BELVOIR 5PM
MONDAY	14	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	21	PAST FAITHFUL NAVIGATOR (PFN) DINNER, EL PASO RESTAURANT, 7:00 PM ON 8746 COOPER ROAD, ALEXANDRIA, VA 22309
MONDAY	28	NO MEETING

SEPTEMBER 2023

SATURDAY	2	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND VIRTUALLY ON ZOOM
TUESDAY	5	ANNUAL MEMORIAL MASS FOR FATHER VINCENT CAPODANNO 6:30PM NATIONAL SHRINE OF THE IMMACULATE CONCEPTION
TUESDAY	19	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	25	PATRIOTIC ROSARY 7:00PM, BUSINESS MEETING, 7:30 PM IN-PERSON AT 5998
SATURDAY	30	FOURTH DEGREE EXEMPLIFICATION NEWPORT NEWS, VA AT 12:00 PM

OCTOBER 2023

SATURDAY	7	PATRIOTIC ROSARY AT 11:00 AM AT BASILICA OF SAINT MARY
Monday	9	COLUMBUS DAY CEREMONY AT UNION STATION 11:00AM
TUESDAY	17	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	23	PATRIOTIC ROSARY 7:00PM, BUSINESS MEETING, 7:30 PM IN-PERSON AT 5998

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

Navigator's Log Potomac Assembly # 2204

August 2023, Page 5

Faithful Navigator's Comments—Joe Graf

Worthy Sir Knights,

Blessed Father Michael J McGivney was born on August 12, 1852, and 30 years later founded the Knights of Columbus on the principles of Charity, Fraternity, and Unity. On Saturday, August 12 there will be a Fr Michael J McGivney Mass at the Woodlawn Chapel on Fort Belvoir at 5 PM. I encourage you as Knights to attend the Mass dedicated to our Founder as well as show our support in numbers for the Fort Belvoir Catholic Community. In the future, we will be looking to do this at all our Parishes but let us start with this perfect opportunity to be a visible presence in our local Catholic Community and as what Pope John Paul II referred to the Knights as the “strong right arm of the Church.” There are some access requirements due to Fort Belvoir being a military installation. If you plan to go and are unsure if you can gain access, please let me know and you will get the information you need to be able to attend.

I mentioned that the Knights were originally founded on the principles of Charity, Fraternity, and Unity. Father Michael J. McGivney exemplified an unwavering commitment to both his faith and his country, making him a true embodiment of patriotism. It should not be a surprise then that Patriotism was added to the Knights of Columbus' principles in 1900, based on the idea that Knights are loyal to both God and country. Maybe in today's environment and with everything that is going on in the world, it is more important than ever to acknowledge and demonstrate that in our daily lives as citizens and as Catholic Gentlemen. Members who wish to live out patriotism together can and should join “the Fourth Degree” and our Assembly. Members of the Fourth Degree and in our Assembly have the special honor of holding the title “Sir Knight,” participating in color and honor guards and organizing programs and participating in activities that promote Catholic citizenship. It is with that in mind that I present yet another opportunity ... Fourth Degree Exemplification on September 30 in Newport News, VA.

On Saturday, September 30 (note the change in date from October 28) there will be a Fourth Degree Exemplification in Newport News, VA. This is a fantastic opportunity for the Knights in your Councils to become a Sir Knight and join the Potomac Assembly. I have sent information to the Grand Knights in each of our supporting Councils but ask each of you if you know a Knight in good standing, please take a few minutes and talk to them about becoming a member of our Assembly. We've posted the Form 4 on our website (www.Assembly2204.org) to facilitate and I'm happy to talk to any prospective candidate about why they should consider it and how to become a member of the Fourth Degree and our Assembly.

Last and certainly not least, it is time to recognize the outstanding efforts and leadership of our most Worthy Past Faithful Navigator Joe Castillo. Arrangements have been made and details provided via email, so please plan on attending (Spouses and guests are invited) and RSVP for what promises to be a fun social event on Monday, August 21. We'll have dinner, drinks and I imagine some very entertaining stories as we recognize the significant accomplishments of our Past Faithful Navigator.

Vivat Jesus!

Fraternally and Patriotically, Joe Graf
Faithful Navigator, Potomac Assembly 2204

Navigator's Log Potomac Assembly # 2204

August 2023, Page 6

Veterans of Foreign Wars (VFW) 609 and 2204 Color Guard

July 4, 2023



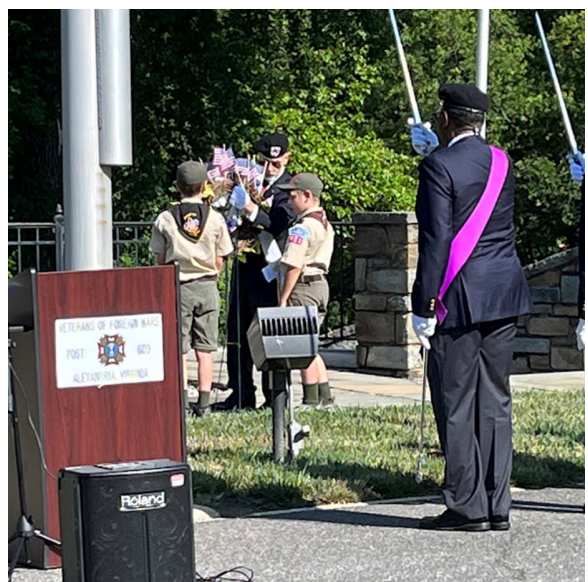
SK PGK Maurice Chau, SK John Sailowski, SK CCC PGK PFN Ed Stance, SK PGK PFN Larry Clark, and SK PGK FDD William Beach.

Navigator's Log Potomac Assembly # 2204

August 2023, Page 7

Veterans of Foreign Wars (VFW) 609 and 2204 Color Guard

July 4, 2023 (continued)



Navigator's Log Potomac Assembly # 2204

August 2023, Page 8

Veterans of Foreign Wars (VFW) 609 and 2204 Color Guard

July 4, 2023 (continued)

Veterans Remembrance Wreath, Alexandria National Cemetery

July 4th, 2023

Thanks much to those Potomac Assembly #2204 Color Corps members who participated in uniform in the Presentation of a Veterans Remembrance Wreath at the American Flagpole at the Alexandria National Cemetery.

The event, hosted by VFW Post 609-Alexandria was held for 20 minutes on a bright sunny, humid Tuesday July 4th. Boy Scouts of Troop 301 and Cub Scouts of Pack 301 joined the Knights in presenting the wreath. VFW Post 609 Commander Jerry Krueger (also a SK) presided for the patriotic ceremony. At the end of the event, we collectively attempted to sing America the Beautiful led in song by our own 86-yr old Vet. Bill Camarinos.



About 40 people attended or participated, including Alexandria Mayor Justin Wilson, who also met with Krueger to tour the historic M. Meigs Lodge and VFW Post 609's home offices, that morning as well.

Thanks again for all your enthusiastic participation, and on such short notice at that. A special thanks to SK Larry Clark for again taking the very young scouts under his wing to guide them through the wreath presentation process.

Vivat Jesus

Jerry Krueger SK

Gerald P. "Jerry" Krueger
Commander, VFW Post 609- Alexandria



Navigator's Log Potomac Assembly # 2204

August 2023, Page 9

Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff

SK Freddie Flowers

SK PGK Reyes Guerra

SK Fritz Scheuren

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

SK Albertus Van den Bogaard

SK Leo and Tanti McCormick

Hannah Michals

Andy Rogers' dad

Bishop Emeritus Paul Loverde

SK Jim McCracken

For the soul of Amada Siervo De Vera, mother-in-law of SK Fred Beata

Debra Dougherty

Ben Marchione and Paulie Marchione

Marilyn Kempton, Grandmother to Rob Reynolds

For the soul of Patricia Saikowski

Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we ask you to bless our brother Knights

and their relatives who are sick. Give them the strength in body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian community, they may joyfully praise your name, for you live and reign for ever and ever. Amen

**Happy
Birthday!**

Navigator's Log Potomac Assembly # 2204

August 2023, Page 10



Birthdays for August 2023

Antonio Benedi	August 5
Rev Gary R. Studniewski	August 5
Johannes T. Graven	August 6
Christopher L. Robertson	August 6
Edward S. Jones	August 9
Hector B. Lozada-Principe	August 10
Randal J. Schlosser	August 10
Alfred A. Flowers Sr.	August 15
John R. Dougherty	August 16
John E. Millikin	August 24
Edward L. Dzanis	August 26
Aaron L. Rein	August 27
John J. Daly	August 28
Christopher M. Reintjes	August 30

On behalf of Potomac Assembly # 2204, to those who were born in the Month of August

May Your Birthday be Blessed

Navigator's Log Potomac Assembly # 2204

August 2023, Page 11

EVENTS AROUND THE COUNCIL TABLE

459—Fitzgerald Council:

August

- 2—Officers Meeting virtual 7 pm
- 4—Nocturnal Adoration 9 pm-6 am
- 5—Rosary at Duke Street Abortion Provider 9am
- 9—Business Meeting 7pm

September

- 1—Nocturnal Adoration 9 pm-6 am
- 2—Rosary at Duke Street Abortion Provider 9am
- 6—Officers Meeting virtual 7 pm
- 13—Business Meeting 7pm

5998—Mount Vernon Council -

(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).

For the details below, GS is Good Shepherd Catholic Church.

August

- 3—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 5, 12, 19, 26—Abortion Rosary & prayer 8am-12pm
- 17—Social 6pm
- 20—Good Shepherd Pancake Breakfast 7am

September

- 2, 9, 16, 23, 30—Abortion Rosary & prayer 8am-12pm
- 4—International Festival—Good Shepherd 10am-5pm
- 4—Soccer Challenge at Int'l Festival
- 7—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 10—St. Louis Pancake Breakfast 8am
- 10—54-Day Novena for Life—Suicide Prevention Day
- 14—Social Event Fraternal Benefits 6pm
- 17—Good Shepherd Pancake Breakfast 7am

11170—Fort Belvoir Council:

August

- 7—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 24—Officers Meeting (Virtual) 7pm

September

- 4—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 28—Officers Meeting (Virtual) 7pm