



Navigator's Log



**Potomac Assembly # 2204
Comprised of Knights of Columbus Councils
459 Fitzgerald
5998 Mount Vernon, and
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,
Good Shepherd, and Fort Belvoir Catholic Parishes**

September 2023



Blessed Father Michael J. McGivney Mass August 12, 2023, see pages 7-8.

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Potomac Assembly Directory

Navigator

SK PGK Joe Graf, jggraf@outlook.com, 703 473-0372

Trustee 1 Year

SK PGK John Dougherty, john.dougherty@cox.net,
571 228-9567

Friar

Father Gregory Thompson, fr.thompson@saintlouisparish.org
703 768-4421

Trustee 2 Year

SK PGK PFN Larry Clark, hlclark63@gmail.com,
202 494-4761

Captain

SK PGK PFN Mark Marchione, marchionemark@gmail.com,
707 364-6006

Trustee 3 Year

SK PGK Richard Dunbar, richdunbar1947@gmail.com, ,
571 216-6012

Admiral

SK PGK PFN Clifford Conway, cliff@vhsign.com, 202 438-6280

Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

Pilot

SK DD PGK William Beach, wbeachkofc459@gmail.com, 571 527-7772

Scribe

SK PGK Rob Reynolds, therobreynolds@gmail.com, 703 626-6379

Purser

SK 2PGK PFN Fred Beata, fred2pgk@gmail.com, 571 249-0955

Inner Sentinel

SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185

Outer Sentinel

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Fourth Degree Website

assembly2204.org

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Color Corps Commander

SK PGK PFN Ed Stance, stanceed@aol.com, 703 313-8136

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UPCOMING EVENTS

SEPTEMBER 2023

SATURDAY	2	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND VIRTUALLY ON ZOOM
TUESDAY	5	ANNUAL MEMORIAL MASS FOR FATHER VINCENT CAPODANNO 6:30PM NATIONAL SHRINE OF THE IMMACULATE CONCEPTION
TUESDAY	19	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	25	PATRIOTIC ROSARY 7:00PM, BUSINESS MEETING, 7:30 PM HYBRID AT 5998
SATURDAY	30	FOURTH DEGREE EXEMPLIFICATION NEWPORT NEWS, VA AT 12:00 PM

OCTOBER 2023

SATURDAY	7	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND VIRTUALLY ON ZOOM
MONDAY	9	COLUMBUS DAY CEREMONY WITH HONOR GUARD AT UNION STATION 11:00AM
TUESDAY	17	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	23	PATRIOTIC ROSARY 7:00PM, BUSINESS MEETING, 7:30 PM Hybrid AT 5998

NOVEMBER 2023

SATURDAY	4	PATRIOTIC ROSARY AT 10:00 AM AND FLAG RETIREMENT CEREMONY 11:00AM AT BASILICA OF SAINT MARY'S
SATURDAY	11	VETERANS DAY/FLAGS AT ALEXANDRIA NATIONAL CEMETERY 9:00AM
SATURDAY	18	WREATH LAYING AT THE TOMB OF THE UNKNOWN SOLDIER AT ARLINGTON NATIONAL CEMETERY 11:15AM
TUESDAY	21	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	27	PATRIOTIC ROSARY 7:00PM, BUSINESS MEETING, 7:30 PM Hybrid AT 5998

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

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Assembly Faithful Friar, Father Gregory Thompson

Dear Brothers,

Faithful Participation in Commonwealth of Virginia Elections

Last week, St. Louis Church commemorated the feast day of its patron saint, St. Louis IX who lived from 1214-1270. He was a man devoted to His Catholic faith whose mother Queen Blanche would have rather seen him die than to commit a mortal sin. He promoted justice within the realm of France and was always solicitous of the poor. He fought in Crusades to preserve the rights of Christians to make pilgrimages to the Holy Land then occupied by the Saracens.

This coming November are elections for the House of Delegates, the State Senate, Commonwealth Attorney and for Fairfax County Supervisors and School Board Members. This is not the time to sit on the sidelines. The moral issues of our day such as the protection of unborn children, the rights of parents to educate their children as they see fit, and the proper administration of justice are crucial to promoting a moral and just society. Local elections tend not to get much attention since Federal Elections tend to take up most of the air time in the media and the space on social media venues.

Catholic Patriots should be engaged in conversations with all in our local community about these issues and mobilize those who would support the dignity of the human person from conception to natural death, and to vote in this important election. Those who are enemies of the Church who promote abortion and the so called 'transgender movement' are corrupting our society. Those who promote these evils have found their way into elected offices that often no one thinks much about. It is important for all Catholics to faithfully participate in local elections.

I would exhort our Sir Knights and all Knights of Columbus to participate vigorously in this election coming up in November to help elect those who would promote the right to life, parental rights, and the rule of law. This will help build our Commonwealth to be a place where our children can live in true freedom rooted in the promises of our Savior, Jesus Christ.

Yours in Christ Jesus,

Father Thompson, Parochial Vicar Saint Louis Catholic Church

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Faithful Navigator's Comments—Joe Graf

Worthy Sir Knights,

I hope that everyone had a fantastic summer with their family and friends. Seems like it just started but here we are on the front doorstep of fall already!

A lot of activities are coming up but the big event for September is the semi-annual Fourth Degree Exemplification on Saturday, September 30 in Newport News, VA. I've shared all the information with you and the Councils on what we do and how to apply. We're in the homestretch for our Brother Knights to be able to submit their applications to the Assembly by Friday, September 8 otherwise the next opportunity is tentatively scheduled for May in Palmyra, VA. I want to make sure that anyone who wishes to participate has the information and takes advantage of the opportunity, if they are available. If you haven't done so yet, please do reach out to your Brother Knights in good standing so they can make an informed decision on becoming a good Sir Knight of our Assembly. If any additional info is needed, please don't hesitate to ask and again, the website (www.assembly2204.org) is a great source for the types of things we get involved with at the Assembly.

Speaking of the website, we had some great events in August which are highlighted there. On August 12, the Color Corps supported a Mass for the Blessed Father Michael J. McGivney that was held at the Woodlawn Chapel on Fort Belvoir. Thank you as always to our Assembly Color Corps for the tremendous support they provide to the Catholic Parishes and Communities that we support. Pictures from the event may be found at [Memorial Mass for the Blessed Father Michael J. McGivney, 12 Aug 2023 at 1700, Fort Belvoir Woodlawn Chapel - Google Photos](#)

Also on August 21, we celebrated and honored the accomplishments of our Past Faithful Navigator Joe Castillo. We were at capacity and what was particularly notable was the significant representation across all three of our Councils. A true testament to the breadth and depth of the PFN's leadership, influence and efforts over the past year. Even more amazing is I think this is the first time that the PFN has received TWO swords in recognition ... you'll have to view the picture to understand but one very traditional sword and one umm ... not so traditional. Anyway, a good time was had by all with an appropriate sendoff to our PFN. I would be remiss if I didn't properly recognize and thank SK PFN Ray Duff who made this all possible working with the tremendous staff at El Paso ... Thank you Ray! Pictures from the event may be found at [PFN Appreciation Dinner - Joe Castillo 2022-23, Aug 21, 2023 - El Paso Restaurant - Google Photos](#)

I'll continue to push info to you in a timely manner but if you have questions or need any info, please feel free to reach out to me or one of the other officers. Also, if you are aware of opportunities aligned to the Patriotic Principle in our Catholic parishes or communities for our Assembly to support that aren't on the planning calendar, please let me know that as well.

As always, your on-going support and efforts supporting the Knights of Columbus and the Potomac Assembly are greatly appreciated.

Vivat Jesus!

Fraternally and Patriotically, Joe Graf
Faithful Navigator, Potomac Assembly 2204

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Past Faithful Navigator Dinner August 21, 2023 at El Paso Restaurant, Cooper Road, Alexandria, Virginia

We gave a good send off to the Immediate Past Faithful Navigator, and thanked PFN Joe Castillo for all his efforts during the last Fraternal Year of July 2022 to June 2023. We won first place for Honor Guard/Color Guard at the George Washington's Parade in Alexandria City. The Sir Knight of the Year was Keenan Pallone. Photograph credits go to Steve Teslik and Jerry Krueger.



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Past Faithful Navigator Dinner August 21, 2023 (continued)



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Blessed Father McGivney Mass at Fort Belvoir, August 12, 2023



Left to right: SK PGK PFN Rich Dunbar, SK PGK PFN Nate Murray, DD 13 SK PGK PFN Fred Beata, Color Corps. Commander SK PGK PFN Ed Stance, SK John Sailowski, SK PGK PFN Larry Clark, SK PGK PFN Ray Duff, and SK Paul Kayanan.



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Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff

SK Freddie Flowers

SK PGK Reyes Guerra

SK Fritz Scheuren

Father David Dufresne

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

SK Albertus Van den Bogaard

SK Leo and Tanti McCormick

Hannah Michals

Andy Rogers' dad

Bishop Emeritus Paul Loverde

SK Jim McCracken

For the soul of Amada Siervo De Vera, mother-in-law of SK Fred Beata

Debra Dougherty

Ben Marchione and Paulie Marchione

Marilyn Kempton, Grandmother to Rob Reynolds

For the soul of Patricia Saikowski

For the soul of Fred Zuniga

Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we ask you to bless our brother Knights

and their relatives who are sick. Give them the strength in body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian community, they may joyfully praise your name, for you live and reign for ever and ever. Amen

**Happy
Birthday!**

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Birthdays for September 2023

Daniel R. Clark	September 1
Gregory A. Mandt	September 3
Michael S. Odom	September 5
Joseph Hoefft	September 6
Michael J. Stehn	September 6
Robert W. Michael	September 10
Michael J. Murphy	September 10
Sebastian J. Carrado	September 11
Lawrence H. Clark	September 11
Richard J. Ley	September 11
Benjamin F. Mccarter	September 13
Rev. Ramon A. Baez	September 15
Todd S. Bertulis	September 16
Regis E. Monahan	September 16
Richard T. Hayden	September 17
Richard T Dunbar	September 18
Walter Matthew Cekala	September 21
Joseph J E Ragsdale	September 23
Frederick J. Scheuren	September 23
David H. Lohman	September 25
Robert Lee Gorman	September 29
Steve Overton	September 29

Last month, August, we missed the birthday of William McGuirk on August 22.

On behalf of Potomac Assembly # 2204, to those who were born in the Month of September

May Your Birthday be Blessed

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EVENTS AROUND THE COUNCIL TABLE

459—Fitzgerald Council:

September

- 1—Nocturnal Adoration 9 pm-6 am
- 2—Rosary at Duke Street Abortion Provider 9am
- 6—Officers Meeting virtual 7 pm
- 13—Business Meeting 7pm

October

- 4—Officers Meeting virtual 7 pm
- 6—Nocturnal Adoration 9 pm-6 am
- 7—Rosary at Duke Street Abortion Provider 9am
- 11—Business Meeting 7pm

5998—Mount Vernon Council -

(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).

For the details below, GS is Good Shepherd Catholic Church.

September

- 2, 9, 16, 23, 30—Abortion Rosary & prayer 8am-12pm
- 4—International Festival—Good Shepherd 10am-5pm
- 4—Soccer Challenge at Int'l Festival at GS
- 7—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 9—Ladies Luncheon with the Grand Knight 12pm
- 10—St. Louis Pancake Breakfast 8am
- 10—54-Day Novena for Life—Suicide Prevention Day
- 14—Social Event Fraternal Benefits 6pm
- 17—Good Shepherd Pancake Breakfast 7am

October

- 5—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 7, 14, 21, 28—Abortion Rosary & prayer 8am-12pm
- 8—St. Louis Pancake Breakfast/KCIC 8am
- 9—Columbus Day Youth Dodgeball/Soccer at SL 10am
- 14—Saint Louis Hawk's Day 8am
- 14—Oktoberfest 3-8pm
- 15—Good Shepherd Pancake Breakfast/KCIC 7am
- 22—District Deputy Meeting in Lounge 7pm
- 28—Halloween Children's Party 2pm

11170—Fort Belvoir Council:

September

- 4—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 28—Officers Meeting (Virtual) 7pm

October

- 2—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 26—Officers Meeting (Virtual) 7pm