



Navigator's Log



**Potomac Assembly # 2204
Comprised of Knights of Columbus Councils
459 Fitzgerald
5998 Mount Vernon, and
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,
Good Shepherd, and Fort Belvoir Catholic Parishes**

November 2023



Columbus Memorial, October 9, 2023, left to right: Color Corps. Commander Ed Stance, Eric Latcheran, Larry Clark, Maurice Chau, FN Joe Graf, DD13 Fred Beata, and Paul Kayanan, pages 6 and 7. Missing from the picture is SK John Saikowski.

Navigator's Log Potomac Assembly # 2204

November 2023, Page 2

Table of Contents

Page 2	Table of Contents
Page 3	Potomac Assembly Directory
Page 4	November, December, and January Upcoming Events
Page 5	Faithful Navigator's Article
Page 6-7	Columbus Day at Union Station, Washington, D.C.
Page 8	Prayer List, Prayer for the Sick
Page 9	November Birthdays
Page 10	Just Thinking by Carl Eifert
Page 11	Around the Councils—Upcoming Council Events

Navigator's Log Potomac Assembly # 2204

November 2023, Page 3

Potomac Assembly Directory

Navigator

SK PGK FN Joe Graf, jggraf@outlook.com, 703 473-0372

Trustee 1 Year

SK PGK John Dougherty, john.dougherty@cox.net,
571 228-9567

Friar

Father Gregory Thompson, fr.thompson@saintlouisparish.org
703 768-4421

Trustee 2 Year

SK PGK PFN Larry Clark, hlclark63@gmail.com,
202 494-4761

Captain

SK PGK PFN Mark Marchione, marchionemark@gmail.com,
707 364-6006

Trustee 3 Year

SK PGK PFN Richard Dunbar, richdunbar1947@gmail.com,
571 216-6012

Admiral

SK PGK PFN Clifford Conway, cliff@vhsign.com, 202 438-6280

Comptroller

SK FDD 2PGK Kevin Palgutt, kevin.palgutt@gmail.com, 703 590-2197

Pilot

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Scribe

SK PGK Rob Reynolds, therobreynolds@gmail.com, 703 626-6379

Purser

SK DD 2PGK PFN Fred Beata, fred2pgk@gmail.com, 571 249-0955

Inner Sentinel

SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185

Outer Sentinel

SK Keenan Pallone, keenan.pallone.kofc@gmail.com,

Fourth Degree Website

assembly2204.org

SK PGK Steve Teslik, steslik@e2steve.com

Color Corps Commander

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Navigator's Log Editor, SK PGK Maurice Chau, mauricekofc40@gmail.com, 703 220-6185,

Navigator's Log Staff: SK Carl Eifert

Navigator's Log Potomac Assembly # 2204

November 2023, Page 4

UPCOMING EVENTS

NOVEMBER 2023

SATURDAY	4	PATRIOTIC ROSARY AT 10:00 AM AND FLAG RETIREMENT CEREMONY 11:00AM AT BASILICA OF SAINT MARY'S
SATURDAY	11	VETERANS DAY/FLAGS AT ALEXANDRIA NATIONAL CEMETERY 9:00AM
SUNDAY	12	JOINT ASSEMBLY MASS 10:30AM AT SAINT LOUIS CATHOLIC CHURCH
THURSDAY	16	MOUNT VERNON COUNCIL MEMORIAL MASS AT 5998—HONOR GUARD 6:00PM
SATURDAY	18	WREATH LAYING AT THE TOMB OF THE UNKNOWN SOLDIER AT ARLINGTON NATIONAL CEMETERY 11:15AM
TUESDAY	21	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	27	PATRIOTIC ROSARY 7:00PM, BUSINESS MEETING, 7:30 PM IN-PERSON & ZOOM AT 5998

DECEMBER 2023

SATURDAY	2	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND VIRTUALLY ON ZOOM
SATURDAY	9	ARMY/NAVY FOOTBALL GAME IN THE MOUNT VERNON COUNCIL LOUNGE 3PM
TUESDAY	12	OFFICERS MEETING AT 7:00 PM ON ZOOM
SATURDAY	16	CHRISTMAS WREATHS ACROSS AMERICA 5:30AM AT ARLINGTON NATIONAL CEMETERY
SATURDAY	16	CHRISTMAS PARTY JOINTLY WITH 5998 6PM
MONDAY	18	PATRIOTIC ROSARY 7:00PM, BUSINESS MEETING, 7:30 PM IN-PERSON & ZOOM AT 5998

JANUARY 2024

SATURDAY	6	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND VIRTUALLY ON ZOOM
SUNDAY	14	RELIGIOUS FREEDOM DAY, FREDERICKSBURG, VIRGINIA
TUESDAY	16	OFFICERS MEETING AT 7:00 PM ON ZOOM
FRIDAY	19	NATIONAL MARCH FOR LIFE IN WASHINGTON, D.C.
SATURDAY	20	WREATHS ACROSS AMERICA AT ARLINGTON NATIONAL CEMETERY—WREATHS OUT
MONDAY	22	RENEWAL OF OBLIGATIONS, 7PM (TENTATIVE)
MONDAY	22	PATRIOTIC ROSARY 7:00PM, BUSINESS MEETING, 7:30 PM IN-PERSON & ZOOM AT 5998

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

Navigator's Log Potomac Assembly # 2204

November 2023, Page 5

Faithful Navigator's Comments—Joe Graf

Worthy Sir Knights,

As I think most of you know, summer tends to be a rather even paced time for the Knights of Columbus, which I personally think is good as it is a time for vacations and outdoor activities with friends and family. As we start to approach the end of the year, the pace picks up and there are a lot more activities to support at both the Council and Assembly level. Please look at the Assembly calendar that I provide each month as well as the NavLOG (page 4 of this newsletter) and plan accordingly to help and/or support, as appropriate. We have a lot of great and varied activities coming up that are not only for the Assembly but for the Brothers in our Councils as well as for family and friends.

Looking back, I want to highlight two great events ...

First, I want to again welcome to the Assembly our newest Sir Knight, Gaston Reboredo from Council 459. SK Gaston participated in the Exemplification of the Fourth Degree on September 30 in Newport News, VA and I know will be a fantastic addition to the Assembly. Welcome SK Gaston!

Secondly, it was a beautiful day and a fantastic Columbus Day Ceremony in Washington, DC on October 9. Our Assembly was very (VERY) well represented with 8 SKs in Official Regalia Dress (ORD) from the Color Corps and SK Jerry Krueger and his wife Jessica attending and taking some great pictures. If you have not attended before, plan for it next year and even better if you have the ORD.

Looking forward, a few items to highlight for your planning this month ...

- Patriotic Rosary and US Flag Retirement Ceremony on November 4 at 11:00 am at Basilica St. Mary
- Placement of Flags at Alexandria National Cemetery on November 11 at 9:30 am
- Joint KofC Assembly/Councils Mass at St. Louis Catholic Church on November 12 at 10:30 am
- Laying of a Wreath at the Tomb of the Unknown Soldier on November 18 at 11:15 am (Arlington National Cemetery)

As always, a good resource for information is our website (www.Assembly2204.org), which captures the variety of activities that we have participated in the past (checkout the pictures from the Columbus Day Ceremony on October 9!) and pertinent information about upcoming activities. Thank you to SK Steve Teslik for keeping that current for your information and use.

Last month, my article highlighted the ORD, support of the Color Guard, support of our Assembly, support of our Catholic and local communities and of our fellow Sir Knights and their families during the time of their greatest need. I again ask you to prayerfully consider buying the ORD and becoming a member of the Color Corps so that we can support all the things we need to and should support as members of the Fourth Degree. Information on ordering may be found on our website. If you have any questions or need information, please contact me or our Worthy Color Corps Commander Ed Stance. Thank you.

Vivat Jesus!

Fraternally and Patriotically, Joe Graf
Faithful Navigator, Potomac Assembly 2204

Navigator's Log Potomac Assembly # 2204

November 2023, Page 6

Columbus Day at the Columbus Memorial at Union Station, Washington, D.C., October 9, 2023

This was a beautiful day for the ceremony with Sir Knights from Delaware, Pennsylvania, Maryland, the District of Columbia, and Virginia in regalia. The pictures are from Jerry and Jessica Krueger. Thank you for these and many more pictures! Then after the ceremony, we had lunch at the Dubliner restaurant, just a few blocks away.



Navigator's Log Potomac Assembly # 2204

November 2023, Page 7

Columbus Day at Union Station (continued)



Navigator's Log Potomac Assembly # 2204

November 2023, Page 8

Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark

Antonio Bennet

SK PGK PFN Ray Duff and Renee

SK Freddie Flowers

SK PGK Reyes Guerra

SK Fritz Scheuren

Father Rich Carr

SK Carl Efiert

SK John Saikowski

SK Paul Kayanan

SK Albertus Van den Bogaard

SK Leo and Tanti McCormick

Hannah Michals

Andy Rogers' dad

Bishop Emeritus Paul Loverde

SK Jim McCracken

For the soul of Amada Siervo De Vera, mother-in-law of SK Fred Beata

Debra Dougherty

Ben Marchione and Paulie Marchione

Marilyn Kempton, Grandmother to Rob Reynolds

SK Ryan Moy's father and SK Ryan Moy

SK Robert Huff

For the soul of Patricia Saikowski

For the soul of Fred Zuniga

For the soul of Henry Chau

Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we ask you to bless our brother Knights and their relatives who are sick. Give them the strength in body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian community, they may joyfully praise your name, for you live and reign for ever and ever. Amen

**Happy
Birthday!**

Navigator's Log Potomac Assembly # 2204

November 2023, Page 9



Birthdays for November 2023

Frank R. Begovich	November 4
John K. Hamenoo	November 4
Stephen R. Melvin	November 4
Ryan J. LaPorte	November 6
Jefrey A. Mathias	November 7
Paul P. Mehler	November 7
Jeffrey S. Beelaert	November 10
Joseph A. Bavaria	November 11
Kyle T. Hayden	November 12
Rev. Zacarias M. Martinez	November 12
Rafael E. Davila	November 15
David K. Mine	November 15
Joseph G Pallone	November 15
Donald M. Rogan	November 15
John E. Thibeau	November 16
Steven C. Buttie	November 21
David E Winkler	November 23
John B. Stinson	November 28
Michael N. Zabych	November 28

On behalf of Potomac Assembly # 2204, to those who were born in the Month of November

May Your Birthday be Blessed

Navigator's Log Potomac Assembly # 2204

November 2023, Page 10

Just Thinking...

Thank you, Lord

November starts with All Saints Day and All Souls Day, but for many Catholics, as most Americans, Thanksgiving highlights its calendar.

It ranks right up there with holidays like Christmas, Easter, and the 4th of July. Its hallmark is food rather than gratitude for the bulk of the population. (Pun intended.)

Pilgrims established Plymouth Colony, then gave thanks, with Native Americans as guests at their celebration. Yet, blood was shed before, even after that first three-day feast of gratitude to God.

President Washington declared Thursday, Nov. 26, 1789, a day of thanksgiving and prayer. In 1863, President Lincoln encouraged Americans to recognize the last Thursday of that month as a day of thanksgiving. Congress made the last Thursday in November a national holiday in 1870. In 1939, President Franklin Roosevelt moved the holiday to the third week of November to add a week for traditional Christmas shopping. That proved unpopular; the holiday reverted to the fourth week in 1941.

“Around 2 in 3 say they typically give thanks to family (68%) and God (67%), while 42% say they are grateful to ^{their} friends” on the holiday, according to an internet survey.

But what about the other 364 days? Do we whisper a short prayer of thanks when something good happens? Do we ask our Guardian Angel for help? Do parents still instruct children to say “please and thank you?”

Those rhetorical questions beg answers these days when good manners seem archaic. Do men and boys still open doors for women? When around adults, are children seen and not heard as customary a generation or two ago?

Civility has become a societal casualty. The middle finger is more common than giving the other driver the right of way.

Older Catholics remember when they were pupils; they waited patiently and silently while Sister Mary Alfred told Bob Uttermolen to shape up or his parents would get a phone call. His folks would not take his side. Sister could not be wrong. Litigation replaces forbearance without nuns. No rulers rapping knuckles these days.

Catholic parents should give thanks to laywomen and laymen who willingly educate their children even though they might get bigger checks as unionized public school teachers. The word is that these instructors are producing better pupils than their public school counterparts.

That churchgoers pay taxes for public schools and also support Catholic education is remarkable. That is but another reason to be thankful on a day more renowned for satisfied appetites than genuine gratitude to God for His gifts.

Eat and be merry for tomorrow dieting begins,

Carl Eifert

Navigator's Log Potomac Assembly # 2204

November 2023, Page 11

EVENTS AROUND THE COUNCIL TABLE

459—Fitzgerald Council:

November

- 1—Officers Meeting virtual 7 pm
- 3—Nocturnal Adoration 9 pm-6 am
- 4—Rosary at Duke Street Abortion Provider 9am
- 8—Business Meeting 7pm

December

- 1—Nocturnal Adoration 9 pm-6 am
- 2—Rosary at Duke Street Abortion Provider 9am
- 6—Officers Meeting virtual 7 pm
- 13—Business Meeting 7pm

5998—Mount Vernon Council -

(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).

For the details below, GS is Good Shepherd Catholic Church.

November

- 2—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 4, 11, 18, 25—Abortion Rosary & prayer 8am-12pm
- 7—Election Precinct at the Hall 5am-9pm
- 12—St. Louis Pancake Breakfast/KCIC 8am
- 16—Memorial Mass and Dinner 6pm
- 19—Good Shepherd Pancake Breakfast/KCIC 7am
- 21-23—Thanksgiving Meals Preparation
- 23—Thanksgiving Meals Delivery 9am

December

- 2, 9, 16, 23, 30—Abortion Rosary & prayer 8am-12pm
- 7—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 9—Council Children's Christmas Breakfast 9am-12pm
- 12—St. Louis Pancake Breakfast/KCIC 8am
- 16—Council / Assembly Adult Christmas Party 6pm
- 17—Good Shepherd Pancake Breakfast/KCIC 7am
- 24—Good Shepherd Christmas Mass Parking 3pm
- 27—Announce KCIC Poster Contest Winners
- 31—Feast of the Holy Family-Saint Louis & Good Shepherd

11170—Fort Belvoir Council:

November

- 6—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 18—Leave No Family Behind
- 23—Officers Meeting (Virtual) 7pm

December

- 6—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 28—Officers Meeting (Virtual) 7pm