



Navigator's Log



**Potomac Assembly # 2204
Comprised of Knights of Columbus Councils
459 Fitzgerald
5998 Mount Vernon, and
11170 Fort Belvoir**

**Includes The Basilica of Saint Mary, Saint Joseph's, Saint Louis,
Good Shepherd, and Fort Belvoir Catholic Parishes**

January 2025



Our Lady of Guadalupe at Springfield Council, December 12, 2024

Left to right: SK Richard Kuron, SK Franco Mendoza, SK Emmett O'Hare, SK Jim Connell, Father Jeb Donelan, SK Frank Guest, SK Bill Beach, SK PSD Steve Burnley, and SK Maurice Chau.

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Potomac Assembly Directory

Navigator

SK PGK PFN Mark Marchione, 707 364-6006

Friar

Father Gregory Thompson, 703 765-4421

Captain

SK FDD PGK William Beach, 571 527-7772

Admiral

SK PGK PFN Joe Graf, 703 473-0372

Comptroller

SK FDD 2PGK Kevin Palgutt, 703 590-2197

Pilot

SK PGK Kevin Garrison, 703-209-4315

Scribe

SK DD PGK Maurice Chau, 703 220-6185

Purser

SK FDD 2PGK PFN Fred Beata, 571 249-0955

Inner Sentinel

SK PGK John Michals, 703 587-3901

Outer Sentinel

SK GK Gaston Reboredo, 954-292-1706

Color Corps Commander

SK PGK PFN Ed Stance, 703 313-8136

Trustee 1 Year

SK PGK PFN Larry Clark, 202 494-4761

Trustee 2 Year

SK PGK PFN Richard Dunbar, 571 216-6012

Trustee 3 Year

SK PGK PFN Clifford Conway, 202 438-6280

Fourth Degree Website

assembly2204.org

SK PGK Steve Teslik

Navigator's Log Editor, SK DD PGK Maurice Chau, 703 220-6185,

Navigator's Log Staff: SK PGK Steve Teslik

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UPCOMING EVENTS

JANUARY 2025

SATURDAY	4	PATRIOTIC ROSARY AT 11:00 AM AT GOOD SHEPHERD CATHOLIC CHURCH
SATURDAY	11	WREATHS OUT AT ARLINGTON NATIONAL CEMETERY
MONDAY	21	OFFICERS MEETING AT 7:00 PM ON ZOOM
MONDAY	27	PATRIOTIC ROSARY 7:00PM, ASSEMBLY BUSINESS MEETING, 7:30 PM AT 5998

FEBRUARY 2025

SATURDAY	1	PATRIOTIC ROSARY AT 11:00 AM AT 5998 AND VIRTUALLY ON ZOOM
SATURDAY	15	GEORGE WASHINGTON PARADE, ALEXANDRIA CITY 2 PM
TUESDAY	18	OFFICERS MEETING AT 7:00 PM ON ZOOM
SATURDAY	22	NEW FOURTH DEGREE EXEMPLIFICATION AT ST. PATRICK'S CATHEDRAL, 5TH AVENUE BETWEEN 50TH AND 51ST STREETS, NEW YORK, NEW YORK, 12 PM
MONDAY	24	PATRIOTIC ROSARY 7:00PM, ASSEMBLY BUSINESS MEETING, 7:30 PM AT 5998

MARCH 2025

SATURDAY	1	PATRIOTIC ROSARY, 10:30 AM AT BASILICA OF SAINT MARY & VIRTUALLY ON ZOOM
SATURDAY	1	ST. PATRICK'S DAY PARADE, ALEXANDRIA CITY 12:30PM (STAGING 11:30 AM AT BASILICA OF ST. MARY CASA FRASATI HOUSE 10AM-3PM)
TUESDAY	18	OFFICERS MEETING AT 7:00 PM ON ZOOM
SATURDAY	22	FOURTH DEGREE EXEMPLIFICATION AT SAINT ELIAS MARONITE CATHOLIC CHURCH (4730 COVE ROAD), ROANOKE, VIRGINIA, 12 PM
MONDAY	24	PATRIOTIC ROSARY 7:00PM, ASSEMBLY BUSINESS MEETING, 7:30 PM AT 5998

Please keep our Faithful Comptroller SK Kevin Palgutt (703) 590-2197 updated on your status; Kevin.palgutt@gmail.com. Send e-mail to inform of any changes to your phone number, email and mailing address so that the Assembly may keep you informed of our activities, to inform you of SKs and their families that need your prayers, and to let you know of any last minute changes to our planned schedule of events.

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Faithful Navigator's Comments—Mark Marchione

Worthy Sir Knights of Potomac Assembly #2204,

Greetings, all. I hope you had a blessed Advent season, a Merry Christmas, and a Happy New Year. I hope too, that you were able to relax, and that you were able to spend quality time with family, friends, and loved ones. I had a wonderful Christmas holiday with family.

We have the following for your information, planning and consideration during the month of *January*:

- 1 — New Year's Day
- 4 — Patriotic Rosary at Mt. Vernon Council 5998, 11 a.m.
- 9 — Funeral of former President of the United States, Jimmy Carter
- 11 — Wreaths out at Arlington National Cemetery – Fred Beata
- 14 — Religious Freedom Day, Fredericksburg, VA (last year...have not confirmed this year)
- 16 — National Religious Freedom Day
- 20 — Martin Luther King Jr. Day – Consider doing something in conjunction with the Knights of Peter Claver
- 21 — Officers Meeting (Zoom), 7 p.m.
- 24 — National March for Life in DC — Rich Dunbar
- 27 — Assembly Meeting, 7:30 p.m. (Patriotic Rosary preceding at 7 p.m.)
- 29 — Virginia Pro-Life Day – Rich Dunbar

On January 1st, we celebrated the Solemnity of Mary the Mother of God, who is both intercessor and example. She intercedes when we ask her to “pray for us now and at the hour of our death”, and she exemplified obedient service when she told to the Angel Gabriel that she agreed to let the Father's will be done unto her when she found out that she was going to give birth to our Savior Jesus Christ.

The Hail Mary

Hail, Mary, full of grace, the Lord is with thee.

Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen.

“Oh Mary conceived without sin, pray for us who have recourse to thee.”

Vivat Jesus!!

SK Mark Marchione, FDD, PFN2, PGN

Faithful Navigator, Potomac Assembly #2204

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Our Lady of Guadalupe Mass at Springfield Council, December 12, 2024

The Fourth Degree Color Corps. (eight total, with from 5 from Marian and 3 from Potomac Assemblies) were in regalia and processed around the outside of the church before entering the mass. Mass was celebrated by Father Jeb Donelan, a former Potomac Assembly Friar. This mass is a big celebration by the Hispanic community on December 12th.



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Wreaths Across America, Arlington National Cemetery, December 14, 2024



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Simbang Gabi Mass at Saint Louis, December 15, 2024



SK Fred Beata, SK Maurice Chau, SK Cliff Conway, SK Paul Kayanan, and SK Kelly Niernberger



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Prayer List

Please remember the following Sir Knights and their relatives in your prayers. If you know of a Brother Sir Knight or relative to be placed on the Prayer List, please notify either the FN or the NAVLOG editor. Thank you.

SK Jim Clark	Doris O'Hare
SK PGK PFN Ray Duff and Renee	Edd and Pat Dzanis
SK Freddie Flowers	Don and Cassie Rogan
SK PGK Reyes Guerra	Ray, Becca, and Felicity Moore
SK Fritz Scheuren	SK Michael Murphy
Father Rich Carr	SK Albertus Van den Bogaard
SK Paul Kayanan	For the soul of Patricia Saikowski and prayers for SK John Saikowski
SK Leo and Tanti McCormick	For the souls of SK Fred Zuniga and Christine Zuniga
Hannah Michals	For the soul of SK Robert Huff
Andy Rogers' dad	For the soul of Joan Murphy and prayers for SK Michael Murphy
Bishop Emeritus Paul Loverde	For the soul of SK Robert V. Farabaugh & prayers for Jacqueline Farabaugh
SK Jim McCracken	For the soul of SK Don Logeais and prayers for Geraldine Logeais
Debra Dougherty	For the soul of SK Joel Re
Ben & Polly Marchione (Mark's brother & mother)	For the soul of SK Regis Monahan
Marilyn Kempton, Grandmother to Rob Reynolds	For the soul of SK Carl Eifert and prayers for Bette Jo Eifert
Pam Clark	
SK Ryan Moy's father and SK Ryan Moy	
Kim Murray	
Katie Rogers	
Jim and Donna McKissick	
Michael Gallager	
Antonio Bennet	

Prayer for the Sick

Lord Jesus, who went about doing good and healing all, we ask you to bless our brother Knights and their relatives who are sick. Give them the strength in body, courage in spirit and patience in pain.

Let them recover their health, so that, restored to the Christian community, they may joyfully praise your name, for you live and reign for ever and ever. Amen

**Happy
Birthday!**

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Birthdays January 2025

Alex Yadao	January 1
C. Frank Obidike	January 2
Clifford C. Gates	January 3
Oliver W. Stringham	January 3
Bruce G. Mersereau	January 7
John W. McDonald	January 9
Richard W. Fecher	January 10
Wilson A. Del Aguila	January 11
Stephen D. Piscitelli	January 11
James J. Woodruff	January 13
Kevin R. Moran	January 14
Jason A. Rastovski	January 14
Steven F. Teslik	January 15
John T. Sincavage	January 16
James M. Batchelder	January 19
John N. Lawless	January 19
Christopher J. Zettler	January 19
Wayne A. Cimons	January 20
David J. Barra	January 22
Christopher J. McCormack	January 22
Paul R. Kayanan	January 25
Kevin J. Palgutt	January 25
James A. Coleman	January 27
Joseph F. Guzowski	January 27
Terrence J. Riley	January 27
James M. Visbeck	January 27
Rev. Nicholas F. Blank	January 29
Christopher J. O'Connor	January 29

On behalf of Potomac Assembly # 2204, to those who were born in the Month of January,

May Your Birthday be Blessed

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Just Thinking...

A Month by Any Other Name

A new month. A new year. 2025 on the Gregorian calendar.

The last four months of the year have names that mean 7, 8, 9, and 10 rather than 9, 10, 11, and 12, which would be more appropriate.

How did that happen?

The old Romans celebrated the new year on March 1, so 7 through 10 were Latinized as September, October, November, and December.

In 44 BC, the 5th month, Quintillis was renamed for Julius Caesar just after his assassination. Sextillis got the name of his successor, Emperor Augustus, in 8 BC.

According to the British Museum, most of the other names for the month relate to Rome.

Janus, the god with two faces, gave January its name. February comes from Febona, a festival. March comes from Mars, the god of war. April is Latin for aperie, "to open," like a flower. May gets its name from the Greek goddess Maia.

"Month" comes from the Proto-German word for "moon." The Julian calendar had each month reflect a lunar cycle. Pope Gregory XIII replaced the Julian calendar in October 1582. The goal was to space leap years to make each calendar year 365.2425 days long, which came closer to the 365.2422-day solar year determined by the earth's revolution around the sun.

The Gregorian calendar had a second purpose. It was to correct an error in the Julian. The latter makes a year too long by 11 minutes and 14 seconds. Fixing that meant Thursday, Oct. 4, 1582, would be followed by Friday, Oct. 15, 1582. A third purpose was to restore Easter's celebration to its relationship to the vernal equinox of the early Church. Both calendars have a leap year every four years; February gets a 29th day.

According to the U.S. Naval Observatory, every year exactly divisible by four is a leap year, except those divisible by 100. But those marking centuries are not leap years if divisible by 400, such as 1700, 1800, and 1900 (this statement should say if NOT divisible by 400 resulting in a decimal as opposed to a whole number). But 2000 was a leap year (here this division of 2000 by 400 results in 5, a whole number).

Many Protestant countries objected to the calendar because the Catholic Church sponsored the change. The British Empire did not adopt it until 1752. Greece held out until 1923.

In addition to the Gregorian, there are 33 other calendars. It is 2023 on our Gregorian, but 7531-32 on the Byzantine, which records the most years that have passed. The newest is Unix time, used for computers.

As this new year dawns, a question arises — what to do with all those gift calendars with their illustrations?

Carl Eifert

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EVENTS AROUND THE COUNCIL TABLE

459—Fitzgerald Council:

January

- 1—Officers Meeting virtual 7 pm
- 3—Nocturnal Adoration 9 pm-6 am
- 4—Rosary at Duke Street Abortion Provider 9am
- 8—Business Meeting 7pm

February

- 1—Rosary at Duke Street Abortion Provider 9am
- 5—Officers Meeting virtual 7 pm
- 7—Nocturnal Adoration 9 pm-6 am
- 12—Business Meeting 7pm

5998—Mount Vernon Council:

(Bingo Fridays (except Good Fri.), & first Sunday of the month except 1/1, 7/4).

For the details below, GS is Good Shepherd Catholic Church.

January

- 2—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 4, 11, 18, 25—Abortion Rosary/prayer 8am-12pm
- 12—St. Louis Pancake Breakfast 8am (weather cancelled)
- 16—Social 6pm
- 19—Good Shepherd Pancake Breakfast 7am (weather cancelled)
- 24—National March for Life (9am Mass GS)

February

- 1, 8, 15, 22—Abortion Rosary/prayer 8am-12pm
- 6—Ofcr Mtg 6:30, Rosary 7:30, Membership Mtg 8pm
- 9—St. Louis Pancake Breakfast 8am
- 16—Good Shepherd Pancake Breakfast 7am
- 22—Greeting Bus at 5998 8am from Richmond to NYC for Fourth Degree Exemplification at St. Patrick's NYC

11170—Fort Belvoir Council:

January

- 9—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 23—Officers Meeting (Virtual) 7pm

February

- 13—Rosary 7pm, & Membership Mtg (Virtual) 7:30pm
- 27—Officers Meeting (Virtual) 7pm